

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p><b>BREAKFAST</b> 5 Bagel, Eggs Any Style, Hot &amp; Cold Cereal, Fresh Fruit, Prune Yogurt <b>HANUKKAH LUNCH</b> Matzo Ball Soup Beef Brisket, Veggie Rice Pilaf Sufganiyot- Jelly Donuts <b>DINNER</b> Orange Lentil Soup Noodle Koogel Yogurt Parfait Hanukkah</p>	<p><b>BREAKFAST</b> 6 Pancakes, Eggs Any Style, Hot &amp; Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Butternut Squash Soup Honey Mustard Chicken Quarter Glazed Carrot/ Prunes, Apple Mint Salad <b>DINNER</b> White Bean Vegetable Soup, Rolled Lasagna with Meat Sauce, Green Beans, Garlic Bread, Berry Pudding</p>	<p><b>BREAKFAST</b> 7 Hot/Cold Cereal, Eggs Any Style, Toast Fresh Fruit, Prunes <b>LUNCH</b> Noodle Soup Brisket, Roasted Butternut Squash, Brussel Sprouts <b>DINNER</b> Squash Soup Meatloaf, Rice Pilaf, Brussel Sprout Apple Spinach Salad</p>	<p><b>BREAKFAST</b> 8 Eggs Any Style, Toast, Turkey Sausage Hot &amp; Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Roasted Lentil Vegetable Soup Turkey Enchiladas with Creme sauce, Rice &amp; Lentils, Sherbet <b>DINNER</b> Green Pea Soup Roasted Chicken, Loaded Beet Salad Oatmeal Cranberry Cookie</p>	<p><b>BREAKFAST</b> 9 Biscuits with Gravy, Home-Style Potatoes with Onions and Peppers, Fruit <b>LUNCH</b> Noodle Soup, Turkey salad Wrap, Roasted Potatoes, Green Salad, Fruit Cake <b>DINNER</b> Potato Mushroom Cream Soup Stuffed Manicotti Zucchini with Peppers, Blueberry Shortcake</p>	<p><b>BREAKFAST</b> 10 Cream of Wheat, Pancakes Eggs Any Style, Meat, and Fruit <b>LUNCH</b> Brown Rice Soup, Chickpea Chicken Curry with Peppers Cucumbers, Red Onions Pudding Parfait <b>DINNER</b> Squash Onion Soup, Oven Fried Fish Vegetables &amp; Sweet Potato's Smoothie</p>	<p><b>BREAKFAST</b> 11 Turkey Eggs Benedict, Hot &amp; Cold Cereal, Fresh Fruit, Cottage Cheese <b>LUNCH</b> Vegetable Soup, Hummus, Tuna Wrap, Cole Slaw, Sliced Fruit <b>DINNER</b> Cabbage Soup Quiche, Salad, Garlic Bread Seasonal Fruit Hanukkah</p>
<p><b>BREAKFAST</b> 12 Bagel, Eggs Any Style, Hot &amp; Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Vegetable Soup, Pasta Primavera, Garlic Bread Sliced Cucumber Fruit <b>DINNER</b> Vegetable Soup, Lemon Herb Chicken, Potatoes, Green Beans</p>	<p><b>BREAKFAST</b> 13 Pancakes, Eggs Any Style, Beef Sausage Hot &amp; Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Clam Chowder Soup, Fish, Vegetable Rice Bowl, Pear Crisp with Spiced Cream <b>DINNER</b> Vegetable Soup, Assorted Deli Plate, Sliced Fruit</p>	<p><b>BREAKFAST</b> 14 French Toast, Eggs Any Style, Hot &amp; Cold Cereal, Eggs any Style, Fruit <b>LUNCH</b> Vegetable Soup, Philly Chicken Cheese-steak Sandwich, Potato Wedges, Fruit Ice (Smoothie) <b>DINNER</b> Bean Soup Gourmet Spinach Salad (Vegetarian) Garlic Bread, Blueberry Muffins</p>	<p><b>BREAKFAST</b> 15 Eggs Any Style, Toast, Beef Sausage Hot &amp; Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> French Onion Soup, Vegetable Egg Fried Rice, Egg Roll, Salad, Sherbet <b>DINNER</b> Chicken Soup with Kreplach Gefilte Fish, Waldorf Salad Lemon Herb Chicken Legs Potato Pancakes</p>	<p><b>BREAKFAST</b> 16 Coffee Cake Muffin, Home-Style Potatoes with Peppers, Eggs Scrambled, Fruit <b>LUNCH</b> Split Pea Vegetable Soup Ground Beef Kabobs Baked Tomato with Dill Rice Jello with fruit <b>DINNER</b> White Bean Vegetable, Rolled Lasagna with Meat Sauce, Green Beans, Garlic Bread, Berry Pudding</p>	<p><b>BREAKFAST</b> 17 Cream of Wheat, Hash Browns, Eggs Any Style, Meat, and Fruit <b>LUNCH</b> Clam Chowder, Lemon Stuffed Fish, Broccoli &amp; Red Potato's, Chocolate Ice Cream Sundae <b>DINNER</b> Cabbage Vegetable Soup, Turkey Salad Sandwich Parsley Red Onion Salad, Honey Yogurt</p>	<p><b>BREAKFAST</b> 18 Hot &amp; Cold Cereal, Poached Eggs, Toast Fresh Fruit, Prunes <b>LUNCH</b> Vegetable Soup, Stuffed Peppers, Salad, Lemon Pudding <b>DINNER</b> Pinto Bean Soup Herb Baked Chicken, Sweet Potato Vegetable Salad Watermelon Slice</p>
<p><b>BREAKFAST</b> 19 Bagel, Eggs Any Style, Hot &amp; Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Vegetable Soup Chicken Egg Noodle Pasta Green Salad Fruit <b>DINNER</b> Beef Vegetable Soup, Sliced Beef with Gravy,, Brown Rice Pilaf</p>	<p><b>BREAKFAST</b> 20 Pancakes, Eggs Any Style, Hot &amp; Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Garden Soup, Corned Beef, Rye Bread, Macaroni Salad, Jello with Cream <b>DINNER</b> Garlic Knot Challah Split Pea Soup Grilled Chicken Salad Spiced Couscous with Almonds Chef's Dessert</p>	<p><b>BREAKFAST</b> 21 French Toast, Eggs Any Style, Hot &amp; Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Lima Bean Soup Crispy Chicken Salad with Buttermilk Ranch Dressing, Garlic Bread Ice Cream Sundaes <b>DINNER</b> Lima Bean Soup, Vegetable Pasta Primavera Sliced Beets with Feta Winter Begins</p>	<p><b>BREAKFAST</b> 22 Eggs Any Style, Toast, Hash Browns, Hot &amp; Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Barley Squash Soup, 1/4 Chicken Roasted Egg Noodles, Vegetables Apple Turnover <b>DINNER</b> Root Vegetable Soup, Pesto Pasta Salad with Sliced Chicken Lemon Cake</p>	<p><b>BREAKFAST</b> 23 Breakfast Muffins, Hash Browns with Onions and Peppers, Eggs, Fruit <b>LUNCH</b> Chicken Pot Pie Garden Salad Fruit <b>DINNER</b> Country Vegetable, Spaghetti &amp; Meat Balls, Salad, Garlic Bread, Chocolate Pudding</p>	<p><b>BREAKFAST</b> 24 Blueberry Pancakes, Eggs Any Style, Hot &amp; Cold Cereal, &amp; Fresh Fruit <b>LUNCH</b> Chicken Noodle Soup, Assorted Deli Wraps Potato Chips, Orange Slices Chocolate Chip Cookie <b>DINNER</b> Egg Drop Soup Quiche, Potatoes, Salad Honey Yogurt &amp; Berries Christmas Eve</p>	<p><b>BREAKFAST</b> 25 Cream of Wheat, Eggs Any Style, Meat, &amp; Fresh Fruit <b>CHRISTMAS LUNCH</b> Navy Bean Soup, Opened-Faced Turkey Sandwich Mashed Potatoes &amp; Gravy Hot Fudge Sunday <b>DINNER</b> Italian Feast Soup Chicken Alfredo, Caesar Salad Tiramisu Christmas</p>
<p><b>BREAKFAST</b> 26 Bagel, Eggs Any Style, Hot &amp; Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Split Pea Soup, Meatloaf Potato Hash Vanilla Mousse <b>DINNER</b> Sweet Potato Soup, Beef Stew, Egg Noodle, Corn Bread Sugar Cookie Kwanzaa Begins</p>	<p><b>BREAKFAST</b> 27 Pancakes, Eggs Any Style, Hot &amp; Cold Cereal, Fresh Fruit, Prunes, Cottage Cheese <b>LUNCH</b> Cabbage Soup Fish Fillet, Couscous with Vegetables Baked Blueberry Apple Slices <b>DINNER</b> Vegetable Rice Soup, Warm Turkey Salad Banana Pudding</p>	<p><b>BREAKFAST</b> 28 French Toast, Eggs Any Style, Hot &amp; Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Tomato &amp; White Bean Soup, Beet &amp; Butternut Squash Salad with Chicken Cream &amp; Puff Pastry <b>DINNER</b> Squash Soup Baked Quiche, Greens with Fruit Dinner Roll, Jello with Fruit</p>	<p><b>BREAKFAST</b> 29 Hot &amp; Cold Cereal, Bagel, Beef Sausage Boiled Eggs, Fresh Fruit, Prunes <b>LUNCH</b> Tomato Soup Pita Pizza, Tabbouleh Salad Seasonal Fruit &amp; Cheese <b>DINNER</b> Tomato Soup Spinach Grilled Cheese, 3 Bean Salad Root Beer Float</p>	<p><b>BREAKFAST</b> 30 Hot or Cold Cereal, Breakfast Muffins, Scrambled Eggs with Onions and Peppers, Toast, Fresh Fruit <b>LUNCH</b> Vegetable Soup, Grilled Chicken, Squash with Roasted Potatoes, Sliced Melons <b>DINNER</b> Squash Soup, Macaroni &amp; Cheese Green Salad, Shortbread &amp; Berries</p>	<p><b>BREAKFAST</b> 31 Hot or Cold Cereal, Yogurt Parfait, Omelets, Toast, with Fresh Fruit <b>NEW YEAR'S EVE LUNCH</b> Clam Chowder, Fish Burger Fries, Lettuce &amp; Tomato, Red Onion Citrus Sorbet <b>DINNER</b> Tomato Soup, Pepper Beef, Rice Herbed Tomato Salad Berries &amp; Cream New Year's Eve</p>	

Dining Hours | Breakfast from 8:00am to 9:30am | Lunch from 12:00pm to 1:30pm | Dinner from 5:00pm to 6:30pm  
Menu Subject to Change

We prepare our menu with no added salts or sugars.  
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