



A Message from Avi Heyman



The Chinese philosopher Lao Tzu described the concept of change best when he said, "Life is a series of natural and spontaneous changes." Our community underwent some beneficial changes a year ago when we began the slow process of upgrading the performance of all departments, enhancing the esthetic appeal of our facility, and refreshing our company culture here at CityView. I cannot share with you how much I have appreciated our residents' patience with this process of change. I am also so proud of all the wonderful staff here who have worked so conscientiously this past year and who have shown their incredible commitment and willingness to work towards realizing this positive transformation on behalf of our residents.

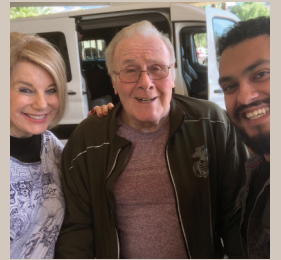
We've also got something unique in store for our CV seniors. I am excited to share with you a heart-warming program, "Bubbies, Mommies, and Me", that we introduced in November here at CityView. The program represents a wonderful intergenerational experience by bringing together local mothers with their babies and young children to visit and interact with our residents. People of all ages sing nursery rhymes, read children's books, and experience an uplifting, positive twist on the circle of life. Residents can't wait for the next visit, which is every Tuesday afternoon at 2:45 p.m. Please be sure to not miss out on this nostalgic and rewarding activity.

We have planned a gift bag of festive holiday events this month. We will, of course, feature our usual popular Sunday concerts, but we will also be adding three additional entertaining events! We'll kick off the season's events by joining Diane for her Christmas Show on 12/14, followed by the celebration of the eight days of Hanukkah beginning Sunday, the 22nd. Next in our holiday line-up is our Resident Christmas Party on the 24th, with strolling Carolers singing your favorite tunes, and a special Holiday lunch prepared by our truly amazing culinary staff. We'll wrap up the season with our final party event on New Year's Eve. Expect your social calendar to be very busy this December!

Peace and joy to you and your family this entire holiday season,

Avi Heyman

CityView Snapshots



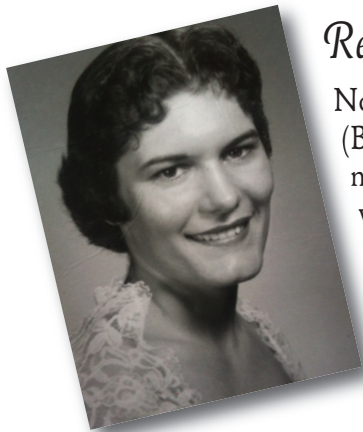
Karen, Barry & Arnold leaving for the San Manuel Casino.



Barbara at the nail salon.



Saul enjoyed his visit to the Casino



Resident of the Month - Caroline Smith

Nobody could ever accuse Caroline Smith of having led an uneventful life. College graduate (B.A. English, University of Indiana), elementary school teacher, board-certified optician, and master sweets and pastry chef reflect only a glimpse of the many talents of this multi-faceted woman's experiences. Wife and mother of (Five!) Steven, Michael, Matthew, Antonio and Carolina, this CityView resident hasn't slowed down a bit! An avid gardener and bridge player, Caroline also enjoys meeting people from all around the world, but not as much as spending time with her flock of grandchildren! Originally from Grove City, Pennsylvania, Caroline philosophically believes that the world would be a much better place if people simply treated others the way they themselves would want to be treated.



Please be sure
to attend our
Special Music
Concerts and other
Live Performances
in December.

12/01	Afternoon Jazz Concert w/Jacqi Bowe	3:00 p.m.
12/08	Afternoon Jazz Concert w/Thea	3:00 p.m.
12/15	Afternoon Jazz Concert w/Phil Jeffries	3:00 p.m.
12/22	Afternoon Concert - TBD	3:00 p.m.
12/24	Christmas Party	12:00 p.m.
12/31	New Year's Party	12:00 p.m.

Birthdays this Month

Resident Birthdays

Karen Lang	12/01
Gail Markley	12/11
Marsha Schindler	12/20
Helen Jordan	12/20



Religious Services and Study

Shabbat Services - Friday at 6:30 p.m.
Bible Study - Saturdays at 1:30 p.m.

December 2019



CityView University

CityView offers many
interesting and varied
educational experiences
for those interested in

brushing up or learning new things. Want to learn Spanish? Explore poetry and books? Find out more about art? Participate in discussions? Do all this and more every month right here at CityView!

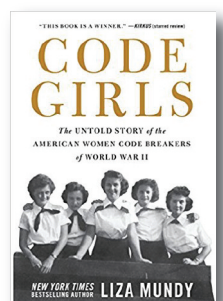
Poetry Corner w/Karlynn	12/02 10:00 a.m.
Culinary Creations	12/02, 11, 18, 25 2:00 p.m.
Ports of Call Dinners	12/04, 10, 17 5:00 p.m.
Spanish 101 w/Arnold	12/07, 14, 21, 28 11:00 a.m.
Jewelry w/Juniper	12/08, 22 11:00 a.m.
Creative Zone w/Stephanie	12/09 10:00 a.m.
Art & Music w/Jane	12/09, 16, 23 3:00 p.m.
Book Club w/Stephanie	12/16 10:00 a.m.

Book Club w/Stephanie

Code Girls: The Untold Story of the American Women Code Breakers of World War II

by Liza Mundy, Tuesday, 12/16 at 10:00 a.m.

Learn about this hidden chapter in American history! Code Girls tells the story of the American women who secretly served as codebreakers during World War II. This story of American courage and ingenuity shines a light on the more than ten thousand women who moved to Washington, and whose efforts shortened the war, saved countless lives, and gave them access to careers previously denied to them.



Don't Miss Our December Outings !

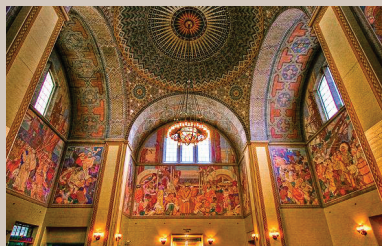
Below are the special and exciting outings we have planned for the month of December!



Thursday, December 5

Petersen Automotive Museum Visit

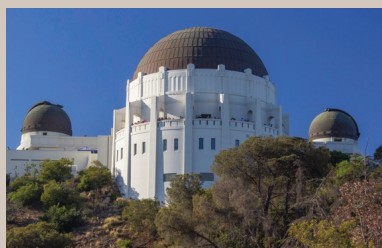
You won't have to travel back to the future to see the famous (or infamous) DeLorean from the popular time travel film *Back to the Future*. Other famous automotive movie stars there include Herbie, the Love Bug, the Batmobile, and Magnum PI's signature red Ferrari. These stars are just a small sampling of the amazing Petersen collection.



Thursday, December 12

Los Angeles Library Excursion

This landmark LA library is well worth the visit just to see its amazing architecture and its iconic Rotunda. With its famous hand-painted murals, the Rotunda visually tells the fascinating story of California's epic history.



Thursday, December 19

Griffith Observatory Outing

You'll be a rebel with a cause when you join us on this outing to LA's Griffith Observatory. Featured in the movie, *Rebel Without a Cause*, visitors can explore fascinating exhibits, gaze through telescope, and experience the spectacular panoramic views of Los Angeles and the Hollywood Sign.



Thursday, December 26

See *Jumanji, The Next Level* on the Big Screen

Join us at the theater to view this third installment in the Jumanji movie series. This fantasy adventure comedy once again transports the board game players back into the real-life Jumanji game. Watch and see if they can escape Jumanji one more time.

CityView Tuesday Shopping Shuttles

We offer a shuttle service every Tuesday in December that will take you to the bank and some of your favorite shops.

12/03	Shuttle to Ralphs	1:00 p.m.
12/10	Shuttle to Sprouts	1:00 p.m.
12/17	Shuttle to CVS	1:00 p.m.
12/24	Shuttle to Trader Joes	1:00 p.m.
12/31	Shuttle to Goodwill	1:00 p.m.



Bubbies, Mommies and Me

Tuesday Afternoon Visits - 12/03, 10, 17, 24 at 2:45 p.m.

Every Tuesday afternoon, mothers from the local community and their babies get together with our CityView residents to share and delight in the joy of these little children. Residents recall the happy moments with their own children when they watch these little tykes play, laugh and enjoy themselves. Blowing bubbles, playing with blocks and rattles, and listening to the sound of children laughing are a few of the things you can expect to experience if babies are your thing! This truly unique program is sure to be a visit you won't want to miss.

December 2019



Our
December
Staff
Spotlight

Yvonne Escobedo
Caregiver

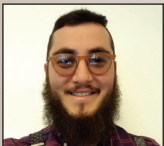


This month, CityView recognizes Yvonne, a favorite long-time caregiver here at our community. Originally from Inglewood, Yvonne was raised there and attended nearby Everest College after high school. A truly kind and easy-going personality, Yvonne stated that she enjoys every single aspect of her job working and interacting with all our residents and employees.

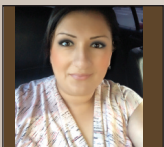
A hard worker, she takes advantage of any free time away from our community by going to the beach and spending every moment that she can with her family, and her pet dog and cat, too! In the future, however, Yvonne dreams of traveling the world. In the meantime, she's right here with us. So please give a big "hello" the next time you see her!



Our Staff



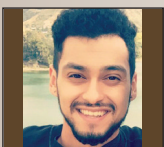
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