

CITY VIEW CALENDAR

March 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 10:00 Workout w/Natalie L5 11:00 Hangman w/Natalie L5 2:30 CityView Walking Club L1 3:00 Afternoon Concert Jade Cook Sings the Hits L5 4:00 Color Therapy w/Natalie L5 6:30 Evening Movie L5 Fences	"Luck is believing you're lucky." - Tennessee Williams 	MARCH DAYS TO NOTE... 01 Employee Appreciation Day 03 Caregiver Appreciation Day 05 Mardi Gras / Fat Tuesday 08 International (Working) Women's Day 10 Middle Name Pride Day 12 Girl Scouts Day 12 Plant a Flower Day 13 Jewel Day 14 Learn About Butterflies Day 14 National Pi Day 15 Dumbstruck Day 16 National Quilting Day 20 International Earth Day 20 Spring Equinox begins 21 Fragrance Day 23 Near Miss Day 30 I am in Control Day 30 National Doctor's Day 30 Take a Walk in the Park Day	BEAUTICIAN Mondays and Thursdays. Appointments made at the Concierge PODIATRY See Front Desk to coordinate your appointment for either of these services. Enjoy Snacks and Games all day in our COFFEE CORNER on the 2nd floor	1 Dr. Appointment Days 10:30 Workout w/Laurel L5 2:00 CityView Walking Club L1 2:30 Jeopardy Trivia Time! L5 4:00 Bingo w/Mike L5 6:30 Shabbat Service L5 7:30 Evening Movie L5 Definitely Maybe	2 10:00 Exercise w/Mike L5 11:30 Uno L5 1:30 Prayer Group L5 2:30 CityView Walking Club L1 3:00 TED Talk & Discussion L5 Technology: Blessing or a Curse? 4:00 Bingo w/Mike L5 6:30 Evening Movie L5 Antman and the Wasp	
3 10:00 Workout w/Natalie L5 11:00 Art History w/Sharon L5 2:30 CityView Walking Club L1 3:00 Afternoon Concert Anjelina Noh Plays Violin L5 4:00 Color Therapy w/Natalie L5 6:30 Evening Movie L5 40 Year Old Virgin	4 Dr. Appointment Days 10:00 Workout w/Lida L5 11:00 Documentary L5 Inside Einstein's Mind 2:00 CityView Walking Club L1 2:30 Culinary Creations L5 Peach Turnover w/Vanilla Ice Cream 3:00 Creative Zone w/Stephanie L5 4:00 Bingo w/Bob L5 6:30 Evening Movie L5 Law Abiding Citizen	5 Mardi Gras/Fat Tuesday 10:00 Yoga w/Meredith L5 11:00 Uno L5 1:30 Shuttle to Bank & Target L1 2:30 CityView Walking Club L1 4:00 Bingo w/Mike L5 6:30 Evening Movie: Abducted in Plain Sight	6 Dr. Appointment Days Ash Wednesday 10:00 Workout w/Mike L5 11:00 Open Forum: St. Patty's Day L5 2:00 CityView Walking Club L1 4:00 Pokeno w/Mike L5 7:00 Social Hour w/Shaquan L5 Refreshments & Discussion	7 10:00 Workout w/Tuekeha L5 11:00 Visit the Huntington Library and Botanical Gardens L1 2:00 CityView Walking Club L1 2:30 Afternoon Matinee Movie L5 West Side Story 4:30 Board Games Coffee Corner 6:30 Netflix Series L5 The Kominsky Method	8 Dr. Appointment Days 10:30 Workout w/Laurel L5 2:00 CityView Walking Club L1 2:30 Jeopardy Trivia Time! L5 4:00 Bingo w/Mike L5 6:30 Shabbat Service L5 7:30 Evening Movie L5 Bright	9 10:00 Exercise w/Mike L5 11:00 Uno L5 1:30 Prayer Group L5 2:00 CityView Walking Club L1 3:00 Board Games Coffee Corner 4:00 Bingo w/Mike L5 6:30 Evening Movie L5 The Founder
10 Daylight Savings Begins 10:00 Workout w/Natalie L5 11:00 Jewelry w/Juniper L5 2:30 CityView Walking Club L1 3:00 Afternoon Concert L5 Jade Cook Sings the Hits 4:00 Color Therapy w/Natalie L5 6:30 Evening Movie L5 The Fighter	11 Dr. Appointment Days 10:00 Exercise w/Lida L5 11:00 Documentary L5 Secrets of Underground London 2:00 CityView Walking Club L1 2:30 Culinary Creations L5 Chocolate Cake Cream Cheese Topping 3:00 Music and Art w/Jane L5 6:30 Evening Movie L5 King Kong	12 10:00 Yoga w/Meredith L5 11:00 Shuttle to CVS L1 2:00 Afternoon Matinee L5 Mountain 2:30 CityView Walking Club L1 4:00 Blackjack w/Mike L5 6:30 Evening Movie: The Switch	13 Dr. Appointment Days 10:00 Workout w/Mike L5 11:00 French w/Yohan L5 2:00 CityView Walking Club L1 3:30 Afternoon Stretch w/Mike L5 4:00 Bingo w/Mike L5 7:00 Social Hour w/Shaquan L5 Refreshments & Discussion	14 10:00 Workout w/Tuekeha L5 11:00 Outing to Shakeys Pizza Parlor! L1 1:30 CityView Walking Club L1 3:00 Open Forum: Alexander Graham Bell L5 4:00 Pokeno w/Mike L5 6:30 Netflix Series L5 The Kominsky Method	15 Dr. Appointment Days 10:30 Workout w/Laurel L5 2:00 CityView Walking Club L1 2:30 Jeopardy Trivia Time! L5 4:00 Pokeno w/Mike 6:30 Shabbat Service L5 7:30 Evening Movie L5 Life Itself	16 10:00 Exercise w/Mike L5 11:00 Painting w/Mike L5 1:30 Prayer Group L5 2:00 CityView Walking Club L1 3:00 Poetry Corner w/Stephanie L5 4:00 Bingo w/Bob L5 6:30 Evening Movie L5 Silence
17 St. Patrick's Day 10:00 Workout w/Natalie L5 11:00 Documentary L5 Becoming Cary Grant 2:30 CityView Walking Club L1 3:00 Afternoon Concert Jade Cook Sings the Hits 4:00 Color Therapy w/Natalie L5 6:30 Evening Movie L5 The Gathering Storm	18 Dr. Appointment Days President's Day 10:00 Exercise w/Lida L5 11:00 Board Games L5 2:00 CityView Walking Club L1 2:30 Culinary Creations L5 Rice Pudding w/Whipping Cream 4:00 Bingo Bob L5 6:30 Evening Movie L5 Drive	19 10:00 Yoga w/Meredith L5 11:00 Resident Council Meeting L5 2:30 Shuttle to Target L1 4:00 Bingo w/Mike L5 6:30 Evening Movie: Ashby	20 Dr. Appointment Days Purim (begins at sundown) 10:00 Workout w/Mike L5 11:00 Uno L5 2:00 CityView Walking Club L1 3:30 Afternoon Stretch w/Mike L5 4:00 Bingo w/Mike L5 7:00 Social Hour w/Shaquan L5 Refreshments & Discussion	21 Purim (ends at sundown) 10:00 Workout w/Tuekeha L5 11:00 Outing to the La Brea Tar Pit Museum L5 2:00 CityView Walking Club L1 2:30 Afternoon Matinee Movie L5 Management 4:00 Bingo w/Bob L5 6:30 Netflix Series L5 The Kominsky Method	22 Dr. Appointment Days 10:00 Workout w/Laurel L5 2:00 CityView Walking Club L1 3:00 Book Club w/Stephanie L5 4:00 Bingo w/Mike L5 6:30 Shabbat Service L5 7:30 Evening Movie L5 Brad's Status	23 10:00 Exercise w/Mike L5 11:00 Uno L5 1:30 Prayer Group L5 2:00 CityView Walking Club L1 2:30 Jeopardy Trivia Time! L5 4:00 Bingo w/Mike L5 6:30 Evening Movie L5 Don't Worry, He Won't Get Far on Foot
24 10:00 Workout w/Natalie L5 11:00 Jewelry w/Juniper L5 2:30 CityView Walking Club L1 3:00 Afternoon Concert Emma Dayhuff Plays Jazz L5 4:00 Color Therapy w/Natalie L5 6:30 Evening Movie L5 The Time Traveler's Wife	25 Dr. Appointment Days 10:00 Workout w/Lida L5 11:00 Hangman w/Natalie L5 1:30 CityView Walking Club L1 2:00 Culinary Creations L5 Banana Upside Down Cake w/Caramel Sauce 2:30 Music & Art w/Jane L5 4:00 Bingo w/Bob L5 6:30 Evening Movie L5 Gotti	26 10:00 Yoga w/Meredith L5 11:00 Outing to Nail Salon L1 2:30 Jeopardy Trivia Time! L5 4:00 Bingo w/Mike L5 6:30 Evening Movie: Enemy at the Gates	27 Dr. Appointment Days 10:00 Workout w/Mike L5 11:00 Uno L5 2:00 CityView Walking Club L1 3:00 Board Games Coffee Corner 4:00 Bingo w/Mike L5 7:00 Social Hour w/Shaquan L5 Refreshments & Discussion	28 10:00 Workout w/Tuekeha L5 11:00 Lunch at Canter's Deli L5 2:00 CityView Walking Club L1 2:30 Uno L5 4:00 Bingo w/Bob L5 6:30 Netflix Series L5 The Kominsky Method	29 Dr. Appointment Days 10:00 Workout w/Laurel L5 2:00 CityView Walking Club L1 2:30 Jeopardy Trivia Time! L5 4:00 Bingo w/Mike L5 6:30 Shabbat Service L5 7:30 Evening Movie L5 Papillon	30 10:00 Exercise w/Mike L5 11:00 Uno L5 1:30 Prayer Group L5 2:00 CityView Walking Club L1 2:30 French w/Yohan L5 4:00 Bingo w/Mike L5 6:30 Evening Movie L5 End Game

DINING HOURS Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Calendar subject to change.
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