


# CITY VIEW MENU

CITYVIEW PREPARES OUR MENU WITH NO ADDED SALTS OR SUGARS.

# April 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>MENU ALTERNATIVES</b> Hamburger Chicken Salad Plain Omelet Fruit & Cottage Cheese Platter Assorted Sandwiches including Tuna Salad, Turkey, Ham, Peanut Butter & Jelly Grilled Chicken Breast	<b>1 April Fool's Day</b> <b>BREAKFAST</b> Oatmeal, Fresh Pancake Choice of Eggs, Meat and Fruit <b>LUNCH</b> Mushroom Soup, Three Cheese Ravioli Garlic Bread, Vegetables Cheese Cake <b>DINNER</b> BBQ Pork Ribs Corn on the Cob, Baked Beans Assorted Cakes	<b>2</b> <b>BREAKFAST</b> Oatmeal, Fresh Baked Muffin Choice of Eggs, Meat, and Fruit <b>LUNCH</b> Italian Wedding Soup Chinese Chicken Salad, Crispy Noodles Fruit Jell-O <b>DINNER</b> Stuffed Meatloaf, Mashed Potatoes Sauteed Brussel Sprouts Rice Pudding	<b>3</b> <b>BREAKFAST</b> Oatmeal, Fresh Waffles Choice of Eggs, Meat and Fruit <b>LUNCH</b> Cream of Pumpkin Soup, Vegetable or Cheese Quesadilla, Fresh Guacamole Pico de Gallo, Sour Cream, Pie of the Day <b>DINNER</b> Catch of the Day, Baked Sweet Yam Steamed Mixed Vegetables, Lemon Cake	<b>4</b> <b>BREAKFAST</b> Oatmeal, French Toast Choice of Eggs, Meat and Fruit <b>LUNCH</b> Minestrone Soup, Beef and Broccoli Side of Steamed Rice Pound Cake w/Chocolate Topping <b>DINNER</b> Turkey Meatball Stroganoff, Pasta Steamed Green Beans Cookies ala Mode	<b>5</b> <b>BREAKFAST</b> Oatmeal, Sausage & Cheese Omelet Hash Browns, Choice of Meat and Fruit <b>LUNCH</b> Matzo Ball Soup, Pepperoni or Cheese Pizza, Mixed Green Salad, Fruit Parfait <b>DINNER</b> Ranch Baked Chicken Eggplant Parmesan, Sauteed Spinach, Red Chard, Pepper & Onions Chocolate Cake	<b>6</b> <b>BREAKFAST</b> Oatmeal, Assorted Danish Choice of Eggs, Meat and Fruit <b>LUNCH</b> Chicken Vegetable Soup Egg Salad Croissant Sandwich Lettuce and Tomato, Cole Slaw, Fruit Lemon Meringue Pie <b>DINNER</b> Marinated London Broil, Smashed Red Potatoes, Braised Cabbage Banana Cake
<b>7</b> <b>BREAKFAST</b> Oatmeal, Bagel Blast, Lettuce, Tomato Cucumber, Capers <b>LUNCH</b> Lentil Soup, Vegetable Quiche Vegetable Salad Sunday Sundae <b>DINNER</b> Cranberry Pork Steak, Baked Sweet Yam Steamed Vegetable Succotash Yellow Cake w/Chocolate Frosting	<b>8</b> <b>BREAKFAST</b> Oatmeal, Fresh Pancake Choice of Eggs, Meat and Fruit <b>LUNCH</b> Soup of the Day Turkey Melt, Three Bean Salad Crispy Onion Rings, Fruit, Carrot Cake <b>DINNER</b> Spaghetti w/Meat Sauce, Garlic Bread Steamed Broccoli & Cauliflower Assorted Cakes	<b>9</b> <b>BREAKFAST</b> Oatmeal, Fresh Baked Muffin Choice of Eggs, Meat, and Fruit <b>LUNCH</b> Beef and Vegetable Soup Chef's Salad, Dinner Roll Fruit Jell-O <b>DINNER</b> Grilled Tilapia, Rice Pilaf California Blend Vegetables Honey Cake	<b>10</b> <b>BREAKFAST</b> Oatmeal, Fresh Waffles Choice of Eggs, Meat and Fruit <b>LUNCH</b> Chicken Gumbo Soup Chicken Tenderloin, French Fries, Fruit Sponge Cake <b>DINNER</b> Veal Patty Picatta, Corn on the Cob Grilled Zucchini, Yellow Squash, Tomatoes Strawberry Short Cake	<b>11</b> <b>BREAKFAST</b> Oatmeal, French Toast Choice of Eggs, Meat and Fruit <b>LUNCH</b> Italian Wedding Soup, Three Cheese Manicotti, Garlic Bread, Broccoli Fruit Jell-O <b>DINNER</b> Swiss Steak, Mashed Potatoes Steamed Mixed Vegetables Apple Cobbler	<b>12</b> <b>BREAKFAST</b> Oatmeal, Denver Omelet Choice of Meat and Fruit <b>LUNCH</b> Matzo Ball Soup, Seafood Cake Caesar Salad, Orange Cake <b>DINNER</b> Lemon Herb Baked Chicken Saffron Rice, Steamed Cauliflower Chocolate Cake	<b>13</b> <b>BREAKFAST</b> Oatmeal, Assorted Puff Pastry Choice of Eggs, Meat and Fruit <b>LUNCH</b> Garbanzo Bean Soup, Grilled Ham and Cheese on Rye Bread Cumcumber, Tomato Salad Banana Cream Cake <b>DINNER</b> Beef Lasagna, Garlic Bread Steamed Green Beans, Carrot Cake
<b>14</b> <b>BREAKFAST</b> Oatmeal, Bagel Blast, Lettuce, Tomato Cucumber, Capers <b>LUNCH</b> Cream of Butternut Soup Crispy Fried Shrimp, Rice Pilaf, Steamed Mixed Vegetables, Chocolate Cake <b>DINNER</b> Lemon Baked Chicken, Baked Sweet Yam, Italian Blend Vegetables Fruit Cobbler	<b>15</b> <b>BREAKFAST</b> Oatmeal, Buttermilk Pancakes Choice of Eggs, Meat and Fruit <b>LUNCH</b> Split Pea Soup, Shepherd's Pie Steamed Broccoli, Cake of the Day <b>DINNER</b> BBQ Pork Ribs Corn on the Cob, Baked Beans Pie of the Day	<b>16</b> <b>BREAKFAST</b> Oatmeal, Banana Muffin Choice of Eggs, Meat and Fruit <b>LUNCH</b> Vegetable Noodle Soup Turkey Melt, French Fries, Fruit Fruit Jello-O <b>DINNER</b> Roasted Boneless Leg of Lamb Roasted Garlic Mashed Potatoes Steamed Blend Vegetables Strawberry Cream Cake	<b>17</b> <b>BREAKFAST</b> Oatmeal, Buttermilk Waffles Choice of Eggs, Meat and Fruit <b>LUNCH</b> Cream of Spinach Soup BLT Salad, Dinner Roll, Carrot Cake <b>DINNER</b> Rosemary Baked Chicken, Barley Chicken Barley Pilaf, Grilled Zucchini, Yellow Squash and Tomatoes, Chocolate Eclair	<b>18</b> <b>BREAKFAST</b> Oatmeal, French Toast Choice of Eggs, Meat and Fresh Fruit <b>LUNCH</b> Garbanzo Bean Soup, Three Cheese Ravioli, Sauteed Green Beans Pie of the Day <b>DINNER</b> Catch of the Day, Sauteed Corn Succotash, Sauteed Spinach, Pepper & Onions, Cookies ala Mode	<b>19</b> <i>Passover (begins at sundown)</i> <b>BREAKFAST</b> Oatmeal, Poached Eggs Choice of Meat and Fruit <b>LUNCH</b> Vegetable Soup, Chicken or Cheese Enchiladas, Spanish Rice, Refried Beans Pico de Gallo, Sour Cream, Banana Split <b>PASSOVER SEDER DINNER</b> Matzo Balls Soup, Rib Eye Steak O'Brien Potatoes Steamed California Vegetables Coconut Macaroons	<b>20</b> <b>BREAKFAST</b> Oatmeal, Cinnamon Roll Choice of Eggs, Meat and Fruit <b>LUNCH</b> Vegetable & Rice Soup Egg Salad Croissant, Carrot Slaw, Fruit Sponge Cake w/Chocolate Sauce <b>DINNER</b> Orange Glazed Chicken, Steamed Wild Rice, Steamed Green Beans Sponge Cake
<b>21</b> <i>Easter Sunday</i> <b>BREAKFAST</b> Oatmeal, Bagel Blast Lettuce, Tomato, Cucumber, Capers <b>EASTER CELEBRATION LUNCH</b> Beef Brisket, Scalloped Potatoes Braised Cabbage, Cream of Asparagus Soup, Key Lime Pie <b>DINNER</b> Catch of the Day, Eggplant Parmesen Sauteed Spinach, Tomato, Onions Assorted Cake of the Day	<b>22</b> <b>BREAKFAST</b> Oatmeal, Fresh Pancake Choice of Eggs, Meat and Fruit <b>LUNCH</b> French Onion Soup, Sweet & Sour Chicken, Over Steamed Rice Oriental Vegetables, Pie of the Day <b>DINNER</b> Spaghetti Meatballs, Garlic Bread Summer Blend Vegetables Blueberry Cobbler	<b>23</b> <b>BREAKFAST</b> Oatmeal, Fresh Baked Muffin Choice of Eggs, Meat and Fruit <b>LUNCH</b> Lentil Soup, Club Sandwich Potato Salad, Fruit, Fruit Jell-O <b>DINNER</b> Lamb Paprika, Almond Apple Dressing Steamed Broccoli Apple Turnover	<b>24</b> <b>BREAKFAST</b> Oatmeal, Fresh Waffles Choice of Eggs, Meat and Fruit <b>LUNCH</b> Mushroom & Barley Soup, Cheese Blintz Waldorf Salad, Egg Custard <b>DINNER</b> Baked Ziti w/Smoked Sausage & Chicken Garlic Bread, Steamed Cauliflower & Parsley, Pineapple Cake	<b>25</b> <b>BREAKFAST</b> Oatmeal, French Toast Choice of Eggs, Meat and Fresh Fruit <b>LUNCH</b> Cream of Butternut Squash Soup Asada Fries, Vegetable Ratatouille Cheese Cake <b>DINNER</b> BBQ Pork Ribs Corn on the Cob, Baked Beans Lemon Cake	<b>26</b> <b>BREAKFAST</b> Oatmeal, Turkey and Cheese Omelet Choice of Meat and Fruit <b>LUNCH</b> Matzo Ball Soup, Cobb Salad, Roll Sponge Cream Cake <b>DINNER</b> Baked White Fish, Scalloped Sweet Potato and Apple, Steamed Broccoli Pie of the Day	<b>27</b> <i>Passover (ends at sundown)</i> <b>BREAKFAST</b> Oatmeal, Assorted Donuts Choice of Meat and Fruit <b>LUNCH</b> Chunky Tomato Soup Chicken Salad Sandwich Vegetable Cole Slaw Salad, Fresh Fruit Banana Split <b>DINNER</b> Beef Brisket, Steamed Red Potatoes Braised Cabbage, Chocolate Cake
<b>28</b> <b>BREAKFAST</b> Oatmeal, Bagel Blast Lettuce, Tomato, Cucumber, Capers <b>LUNCH</b> Split Pea Soup, Vegetable Lasagna Steamed Green Beans Pound Cake w/Strawberry Topping <b>DINNER</b> Roasted Lamb Rosemary, Sage Dressing Sauteed Vegetable Ratatouille Boston Cream Pie	<b>29</b> <b>BREAKFAST</b> Oatmeal, Fresh Pancakes Choice of Eggs, Meat and Fruit <b>LUNCH</b> Mushroom Soup, Seafood Salad, Roll Cheese Cake <b>DINNER</b> Baked Ranch Chicken Baked Sweet Yam, Grilled Zucchini, Yellow Squash and Tomatoes Assorted Cakes	<b>30</b> <b>BREAKFAST</b> Oatmeal, Fresh Baked Muffin Scrambled Eggs, Sausage <b>LUNCH</b> Italian Wedding Soup, Turkey Burger Crispy Onion Rings, Fruit Fruit Jell-O <b>DINNER</b> Beef Pot Pie, Couscous Salad Steamed Broccoli Pie of the Day		<b>THE MONTH OF APRIL IS...</b> International Guitar Month Keep America Beautiful Lawn and Garden Month Month of the Military Child National Couple Appreciation Month National Decorating Month National Fresh Celery Month National Humor Month National Jazz Appreciation Month National Kite Month National Month of Hope National Poetry Month National Pecan Month National Soft Pretzel Month National Soy Foods Month National Straw Hat Month National Volunteer Month Occupational Therapy Month Scottish-American Heritage Month Stress Awareness Month		<b>BEVERAGES</b> <b>Breakfast</b> Cranberry, Apple, Orange Juices Coffee - Hot Tea Hot Chocolate Milk - Water <b>Lunch &amp; Dinner</b> Coffee - Hot Tea Water - Ice Tea Lemonade

**DINING HOURS** Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Menu subject to change.

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