

CITY VIEW MENU

CITYVIEW PREPARES OUR MENU WITH NO ADDED SALTS OR SUGARS.

December 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>30 BREAKFAST Oatmeal, Bagel Blast, Lettuce, Tomato Cucumber, Capers LUNCH Spit Peas Soup Chinese Chicken Salad, Crispy Noodles German Chocolate Cake DINNER Stuffed Beef Cabbage Roll Garlic Bread, Steamed Cauliflower Boston Cream Pie</p>	<p>31 <i>New Year's Eve</i> BREAKFAST Oatmeal, Fresh Pancake Choice of Eggs, Meat and Fruit LUNCH Chicken Tortilla Soup, Pepperoni or Cheese Pizza, Mixed Green Salad Cheese Cake DINNER Lamb Osso Bucco, Mashed Potatoes Sauteed Green Beans Strawberry Cake</p>	<p>THE MONTH OF DECEMBER IS...</p> <p>National Pear Month Bingo's Birthday Month Calendar Awareness Month International AIDS Awareness Month National Human Rights Month National Tie Month National Egg Nog Month</p> <p>National Fruit Cake Month Root Vegetables and Exotic Fruits Month Safe Toys and Gifts Month Spiritual Literacy Month Universal Human Rights Month Worldwide Food Service Safety Month</p>		<p>MENU ALTERNATIVES Hamburger Chicken Salad Plain Omelet Fruit & Cottage Cheese Platter Assorted Sandwiches including Tuna Salad, Turkey, Ham, Peanut Butter & Jelly Grilled Chicken Breast</p>	<p>BEVERAGES Breakfast Cranberry, Apple, Orange Juices Coffee - Hot Tea Hot Chocolate Milk - Water Lunch & Dinner Coffee - Hot Tea Water - Ice Tea Lemonade</p>	<p>1 BREAKFAST Oatmeal, Coffee Cake Choice of Eggs Meat and Fruit LUNCH Chicken Vegetable Soup Vegetable Quiche, Greek Salad Chocolate Eclairs DINNER Rosemary Roasted Chicken Baked Sweet Yam, Steamed Broccoli Banana Cake</p>
<p>2 <i>Hanukkah (begins at sundown)</i> BREAKFAST Oatmeal, Bagel Blast, Lettuce, Tomato Cucumber, Capers LUNCH Split Pea Soup, Vegetable Quiche Caesar Salad, German Chocolate Cake DINNER Lemon Roasted Chicken Baked Sweet Yam, Steamed Blend Vegetables, Boston Cream Pie</p>	<p>3 BREAKFAST Oatmeal, Fresh Pancake Choice of Eggs, Meat and Fruit LUNCH Tortilla Soup, Reuben Sandwich Crispy French Fries, Slice of Watermelon Cheese Cake DINNER Cranberry Pork Tenderloin Corn on the Cob, Steamed Green Beans Strawberry Cake</p>	<p>4 BREAKFAST Oatmeal, Fresh Baked Muffin Choice of Eggs, Meat, and Fruit LUNCH Italian Wedding Soup, Seafood Cakes Mixed Green Salad Banana Split DINNER Roasted Boneless Leg of Lamb Steamed Red Potatoes, Steamed Broccoli & Cauliflower, Carrot Cake</p>	<p>5 BREAKFAST Oatmeal, Fresh Waffles Choice of Eggs, Meat and Fruit LUNCH Summer Squash Soup, Chili Con Carne Baked Potato & Stamed Broccoli Lemon Meringue Pie DINNER Chicken Pasta Primavera, Garlic Bread Steamed Mixed Veggies Rice Pudding</p>	<p>6 BREAKFAST Oatmeal, French Toast Choice of Eggs, Meat and Fruit LUNCH Minestrone Soup Egg Salad Croissant, Cole Slaw Salad Fruit, Fruit Jell-O DINNER Roasted Turkey, Cornbread Stuffing Steamed Green Beans Red Velvet Cake</p>	<p>7 BREAKFAST Oatmeal, Denver Omelet Choice of Meat and Fruit LUNCH Matzo Ball Soup Cobb Salad, Dinner Roll Strawberry Parfait DINNER Beef Brisket, Steamed Red Potatoes & Parsley, Braised Cabbage Fresh Cookies</p>	<p>8 BREAKFAST Oatmeal, Cinnamon Roll Choice of Eggs, Meat and Fruit LUNCH Chicken Vegetable Soup Fish & Chips, Slice of Watermelon Chocolate Eclairs DINNER Chicken Marsala, Baked Sweet Yam Steamed Broccoli Banana Cake</p>
<p>9 BREAKFAST Oatmeal, Bagel Blast, Lettuce, Tomato Cucumber, Capers LUNCH Tomato Rice Soup Turkey Patty Melt, Crispy Onion Rings Slice of Watermelon, Sunday Sundae DINNER BBQ Pork Ribs Corn on the Cob, Baked Beans Yellow Cake w/Chocolate Frosting</p>	<p>10 <i>Hanukkah (ends at sundown)</i> BREAKFAST Oatmeal, Buttermilk Pancakes Choice of Eggs, Meat and Fruit LUNCH Potato Leek Soup, Chicken Caesar Salad w/Crispy Croutons, Tiramisu DINNER Spaghetti & Meatballs, Garlic Bread Steamed Green Peas & Pearl Onions Honey Cake</p>	<p>11 BREAKFAST Oatmeal, Banana Muffin Choice of Eggs, Meat and Fruit LUNCH Lentil Soup, Shrimp Stir-Fried Oriental Vegetables, Steamed Rice Cake of the Day DINNER Roasted Boneless Leg of Lamb Roasted Garlic Mashed Potatoes Sauteed Asparagus, Fruit Cobbler</p>	<p>12 BREAKFAST Oatmeal, Buttermilk Waffles Choice of Eggs, Meat and Fruit LUNCH Chicken Gumbo Soup, Philly Cheese Steak Sandwich, Three Bean Salad Fresh Fruit, Sponge Cake DINNER Roasted Turkey, Cornbread Stuffing California Blend Vegetables Strawberry Short Cake</p>	<p>13 BREAKFAST Oatmeal, French Toast Choice of Eggs, Meat and Fresh Fruit LUNCH Italian Wedding Soup, Chicken Tenderloin French Fries and Fruit, Fruit Jell-O DINNER Catch of the Day, Baked Sweet Yam Sautéed Spinach w/Tomatoes Apple Cobbler</p>	<p>14 BREAKFAST Oatmeal, Poached Eggs Choice of Meat and Fruit LUNCH New England Clam Chowder Chef's Salad, Dinner Roll Orange Cake DINNER London Broil, Scalloped Potatoes Steamed Broccoli Chocolate Cake</p>	<p>15 BREAKFAST Oatmeal, Cinnamon Roll Choice of Eggs, Meat and Fruit LUNCH Black Beans Soup Grilled Ham and Turkey Sandwich Vegetable Cole Slaw, Fresh Fruit Banana Cream Cake DINNER Veal Vegetable Stew, Cornbread Steamed Mixed Vegetables Carrot Cake</p>
<p>16 BREAKFAST Oatmeal, Bagel Blast Lettuce, Tomato, Cucumber, Capers LUNCH Cream of Butternut Soup Vegetable Quiche, Mixed Green Salad Chocolate Cake DINNER Veal Picatta, Garden Wild Rice Sauteed Spinach Fruit Cobbler</p>	<p>17 BREAKFAST Oatmeal, Fresh Pancake Choice of Eggs, Meat and Fruit LUNCH Split Pea Soup, Roast Beef Sandwich Crispy Onion Rings, Fresh Fruit Cake of the Day DINNER Roasted Turkey, Cornbread Stuffing Steamed Broccoli Pie of the Day</p>	<p>18 BREAKFAST Oatmeal, Banana Muffin Choice of Eggs, Meat and Fruit LUNCH Vegetable Noodle Soup Shrimp Stir-Fried Vegetables Steamed Rice, Banana Cake DINNER BBQ Pork Ribs, Corn on the Cob Baked Beans, Pie of the Day</p>	<p>19 BREAKFAST Oatmeal, Fresh Waffles Choice of Eggs, Meat and Fruit LUNCH Cream of Spinach Soup Cobb Salad, Dinner Roll Pistachio Ice Cream DINNER Filet Mignon Medallions Baked Potato Steamed Mixed Vegetables Tapioca Pudding</p>	<p>20 BREAKFAST Oatmeal, French Toast Choice of Eggs, Meat and Fresh Fruit LUNCH Matzo Ball Soup Chicken Lo Mein, Chinese Vegetables Ice Cream Sandwich DINNER Roasted Turkey, Cornbread Stuffing Streamed Broccoli Red Velvet</p>	<p>21 <i>Winter Begins</i> BREAKFAST Oatmeal, Turkey and Poached Eggs Choice of Meat and Fruit LUNCH Mushroom and Barley Soup Poached White Fish over Steamed Rice Spinach, Banana Split DINNER Lamb Vegetable Stew, Side of Couscous Salad, Mixed Blend Vegetables Fruit Cobbler</p>	<p>22 BREAKFAST Oatmeal, Assorted Danish Choice of Meat and Fruit LUNCH Cream of Potato Chowder Reuben Sandwich, Fresh Fries, Fruit Angel Food Cake DINNER Artichoke Chicken, Baked Sweet Yam Sauteed Lima Beans, Orange Cake</p>
<p>23 BREAKFAST Oatmeal, Bagel Blast Lettuce, Tomato, Cucumber, Capers LUNCH Cream of Asparagus Soup Crispy Shrimp, Garden Rice Mixed Vegetables, Tiramisu DINNER BBQ Pork Ribs, Corn on the Cob Baked Beans Assorted Cakes of the Day</p>	<p>24 BREAKFAST Oatmeal, Fresh Pancake Choice of Eggs, Meat and Fruit LUNCH French Onion Soup, Chicken Salad Wrap Vegetable Cole Salad Slice of Watermelon, Pie of the Day DINNER Spaghetti Meatballs, Garlic Bread Steamed Blend Vegetables Blueberry Cobbler</p>	<p>25 <i>Christmas</i> BREAKFAST Oatmeal, Fresh Baked Muffin Scramble Eggs, Sausage LUNCH Lentil Soup, Pepperoni or Cheese Flatbread, Side of Mixed Green Salad Fresh Fruit, Banana Split DINNER Poached White Fish, Barley Pilaf Steamed Broccoli, Bread Pudding</p>	<p>26 BREAKFAST Oatmeal, Fresh Waffles Choice of Eggs, Meat and Fruit LUNCH Mushroom & Barley Soup Italian Chopped Salad, Dinner Roll Fruit Jell-O DINNER Roasted Turkey, Cornbread Stuffing Sauteed Green Beans Pineapple Cake</p>	<p>27 BREAKFAST Oatmeal, French Toast Choice of Eggs, Meat and Fresh Fruit LUNCH Cream of Butternut Squash Soup Stuffed Three Cheese Manicotti Sauteed Mixed Vegetables, Pumpkin Pie DINNER Veal Patty Picatta, Baked Sweet Yam Steamed California Blend Veggies Lemon Cake</p>	<p>28 BREAKFAST Oatmeal, Turkey and Cheese Omelet Choice of Meat and Fruit LUNCH Matzo Ball Soup, Egg Salad Croissant Crispy Onion Rings, Fruit Fruit Parfait DINNER Pot Roast, Mashed Potatoes Steamed Green Beans Banana Cake</p>	<p>29 BREAKFAST Oatmeal, Assorted Danish Choice of Meat and Fruit LUNCH Cream of Tomato Soup Club Sandwich, Beet Salad, Fresh Fruit Assorted Cake DINNER Chicken and Artichokes, Rice Pilaf Sauteed Spinach and Peppers Cookies ala Mode</p>

DINING HOURS Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Menu subject to change.

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