


CITY VIEW MENU

CITYVIEW PREPARES OUR MENU WITH NO ADDED SALTS OR SUGARS.

June 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 BREAKFAST Oatmeal, Fresh Waffles Choice of Eggs, Meat, and Fruit LUNCH Cream of Squash Soup Chicken Tenderloin w/Ranch Dressing Broccoli Cole Slaw Salad, Lemon Cake DINNER BBQ Pork Ribs Corn on the Cob, Baked Beans Assorted Dessert	THE MONTH OF JUNE IS... Adopt a Cat Month African-American Music Appreciation Month LGBTQIA Pride Month Men's Health Month National DJ Month National Zoo and Aquarium Month Fresh Fruit & Vegetables Month Candy Month Camping Month Country Cooking Month	Dairy Month Give a Bunch of Balloons Month Great Outdoors Month Iced Tea Month Papaya Month Pollinators Month Safety Month Soul Food Month Rose Month Turkey Lovers Month	MENU ALTERNATIVES Hamburger Chicken Salad Plain Omelet Fruit & Cottage Cheese Platter Assorted Sandwiches including Tuna Salad, Turkey, Ham, Peanut Butter & Jelly Grilled Chicken Breast		BEVERAGES Breakfast Cranberry, Apple, Orange Juices Coffee - Hot Tea Hot Chocolate Milk - Water Lunch & Dinner Coffee - Hot Tea Water - Ice Tea Lemonade	1 BREAKFAST Oatmeal, Assorted Danish Choice of Eggs, Meat and Fruit LUNCH Cream of Mushroom Soup Grilled Ham & Cheese Sandwich Three Bean Salad, Fruit Chocolate Eclairs DINNER Lemon Mustard Chicken, Wild Rice Pilaf Sauteed Vegetable Capri Angel Food Cake
2 BREAKFAST Oatmeal, Bagel Blast, Lettuce, Tomato Cucumber, Capers LUNCH Lentil Soup, Vegetable Quiche Vegetable Salad Sunday Sundae DINNER Cranberry Pork Steak, Baked Sweet Yam Steamed Vegetable Succotash Yellow Cake w/Chocolate Frosting	3 BREAKFAST Oatmeal, Fresh Pancake Choice of Eggs, Meat and Fruit LUNCH Soup of the Day Turkey Melt, Crispy Onion Rings, Fruit Carrot Cake DINNER Spaghetti w/Meat Sauce, Garlic Bread Steamed Broccoli & Cauliflower Assorted Cakes	4 BREAKFAST Oatmeal, Fresh Baked Muffin Choice of Eggs, Meat, and Fruit LUNCH Beef and Vegetable Soup Chef's Salad, Dinner Roll Fruit Jell-O DINNER Grilled Tilapia, Corn on the Cob California Blend Vegetables Honey Cake	5 BREAKFAST Oatmeal, Fresh Waffles Choice of Eggs, Meat and Fruit LUNCH Chicken Gumbo Soup Chicken Fajitas, Spanish Rice, Corn Spanish Rice, Corn, Tortillas, Guacamole Pico de Gallo, Sour Cream, Sponge Cake DINNER Rosemary Lamb, Eggplant Parmesan Grilled Zucchini, Yellow Squash, Tomatoes Strawberry Short Cake	6 BREAKFAST Oatmeal, French Toast Choice of Eggs, Meat and Fruit LUNCH Italian Wedding Soup, Three Cheese Manicotti, Garlic Bread, Broccoli Fruit Jell-O DINNER Pot Roast Au Jus, Mashed Potatoes Steamed Mixed Vegetables Apple Cobbler	7 BREAKFAST Oatmeal, Denver Omelet Choice of Meat and Fruit LUNCH Matzo Ball Soup, Seafood Cake Caesar Salad, Orange Cake DINNER Lemon Herb Baked Chicken Saffron Rice, Steamed Cauliflower Chocolate Cake	8 BREAKFAST Oatmeal, Assorted Puff Pastry Choice of Eggs, Meat and Fruit LUNCH Garbanzo Bean Soup Egg Salad Croissant Sandwich Cucumber, Tomato Salad, Fruit Banana Cream Cake DINNER Roasted Turkey, Cornbread Stuffing Steamed Green Beans, Carrot Cake
9 BREAKFAST Oatmeal, Bagel Blast, Lettuce, Tomato Cucumber, Capers LUNCH Cream of Butternut Squash Soup Filet Mignon Medallions, Baked Potato and Steamed Broccoli, Cheese Cake DINNER Vegetable Lasagna, Garlic Bread Italian Blend Vegetables Fruit Cobbler	10 BREAKFAST Oatmeal, Buttermilk Pancakes Choice of Eggs, Meat and Fruit LUNCH Split Pea Soup Chinese Chicken Salad, Crispy Noodles Cake of the Day DINNER BBQ Pork Ribs Corn on the Cob, Baked Beans Assorted Dessert	11 BREAKFAST Oatmeal, Banana Muffin Choice of Eggs, Meat and Fruit LUNCH Vegetable Noodle Soup Turkey Melt, French Fries, Fruit Fruit Jello-O DINNER Catch of the Day, Barley Pilaf Steamed Blend Vegetables Strawberry Cream Cake	12 BREAKFAST Oatmeal, Buttermilk Waffles Choice of Eggs, Meat and Fruit LUNCH Cream of Spinach Soup Three Cheese Ravioli, Sauteed Green Beans, Carrot Cake DINNER Rosemary Leg of Lamb, Paprika Roasted Potatoes, Grilled Zucchini, Yellow Squash and Tomatoes, Chocolate Eclair	13 BREAKFAST Oatmeal, French Toast Choice of Eggs, Meat and Fresh Fruit LUNCH Garbanzo Bean Soup Chef's Salad, Dinner Roll Pie of the Day DINNER Crispy Shrimp, Wild Garden Rice Sauteed Spinach, Pepper & Onions Cookies ala Mode	14 <i>Flag Day</i> BREAKFAST Oatmeal, Poached Eggs Choice of Meat and Fruit LUNCH Matzo Ball Soup, Vegetables Quesadilla Fresh Guacamole, Pico de Gallo Sour Cream, Banana Split DINNER Prime Rib Steak O'Brien Potatoes, Steamed California Vegetables, Fruit Cobbler	15 BREAKFAST Oatmeal, Cinnamon Roll Choice of Eggs, Meat and Fruit LUNCH Vegetable & Rice Soup Egg Salad Croissant, Carrot Slaw, Fruit Sponge Cake w/Chocolate Sauce DINNER Chicken Dijon, Baked Sweet Yam Steamed Green Beans Sponge Cake
16 <i>Father's Day</i> BREAKFAST Oatmeal, Bagel Blast Lettuce, Tomato, Cucumber, Capers FATHER'S DAY LUNCH Cream of Asparagus Soup, Grilled Salmon Baked Potato and Green Beans Almondine, Chocolate Eclairs DINNER Seafood Salad Pocket, Tomato Cucumber Salad, Side of Watermelon Assorted Cake of the Day	17 BREAKFAST Oatmeal, Fresh Pancake Choice of Eggs, Meat and Fruit LUNCH French Onion Soup, Cobb Salad Dinner Roll, Pie of the Day DINNER Spaghetti Meatballs, Garlic Bread Summer Blend Vegetables Blueberry Cobbler	18 BREAKFAST Oatmeal, Fresh Baked Muffin Choice of Eggs, Meat and Fruit LUNCH Lentil Soup, Club Sandwich Potato Salad, Fruit, Fruit Jell-O DINNER Chicken Marsala, Mashed Potatoes Steamed Broccoli Apple Turnover	19 BREAKFAST Oatmeal, Fresh Waffles Choice of Eggs, Meat and Fruit LUNCH Mushroom & Barley Soup, Cheese Blintz Waldorf Salad, Egg Custard DINNER Beef Pot Pie, Cornbread Steamed Cauliflower Pineapple Cake	20 BREAKFAST Oatmeal, French Toast Choice of Eggs, Meat and Fresh Fruit LUNCH Cream of Butternut Squash Soup Chinese Chicken Salad, Crispy Noodles Cheese Cake DINNER BBQ Pork Ribs Corn on the Cob, Baked Beans Lemon Cake	21 BREAKFAST Oatmeal, Turkey and Cheese Omelet Choice of Meat and Fruit LUNCH Matzo Ball Soup, Three Cheese Ravioli Steamed Mixed Vegetables Sponge Cream Cake DINNER Baked White Fish, Scalloped Sweet Potato and Apple, Steamed Broccoli Pie of the Day	22 BREAKFAST Oatmeal, Assorted Donuts Choice of Meat and Fruit LUNCH Chunky Tomato Soup Chicken Salad Sandwich Vegetable Cole Slaw Salad, Fresh Fruit Banana Split DINNER Beef Brisket, Steamed Red Potatoes Braised Cabbage, Chocolate Cake
23 BREAKFAST Oatmeal, Bagel Blast Lettuce, Tomato, Cucumber, Capers LUNCH Split Pea Soup Fish and Chips, Fruit Salad Pound Cake w/Strawberry Topping DINNER Veal Patty Mushroom Sauce Macaroni and Cheese, Steamed Broccoli Boston Cream Pie	24 BREAKFAST Oatmeal, Fresh Pancakes Choice of Eggs, Meat and Fruit LUNCH Mushroom Soup, Cobb Salad, Dinner Roll Cheese Cake DINNER Baked Ranch Chicken Baked Sweet Yam, Grilled Zucchini, Yellow Squash and Tomatoes Assorted Cakes	25 BREAKFAST Oatmeal, Fresh Baked Muffin Scrambled Eggs, Sausage LUNCH Italian Wedding Soup, Turkey Burger Crispy Onion Rings, Fruit Fruit Jell-O DINNER Beef Pot Pie, Couscous Salad Steamed Broccoli Pie of the Day	26 BREAKFAST Oatmeal, Fresh Waffles Choice of Eggs, Meat and Fruit LUNCH Cream of Pumpkin Soup Cheese Blintz, Waldorf Salad Lemon Cake DINNER BBQ Pork Ribs, Corn on the Cob Baked Beans Assorted Desserts	27 BREAKFAST Oatmeal, French Toast Choice of Eggs, Meat and Fresh Fruit LUNCH Minestrone Soup, Crispy Chicken Tenderloin, Vegetable Cole Slaw Salad Fruit, Banana Split DINNER Baked Catch of the Day, Baked Sweet Yam, Sauteed Red, Green, Sweet Chart, and Tomatoes, Vanilla Pudding	28 BREAKFAST Oatmeal, Cheese Omelet Hash Browns, Choice of Meat and Fruit LUNCH Matzo Ball Soup, Chef's Salad Pesto Flatbread, Fruit Parfait DINNER Beef Medallions, Mashed Potatoes California Blend Vegetables Chocolate Cake	29 BREAKFAST Oatmeal, Cheese Omelet Hash Browns, Choice of Meat and Fruit LUNCH Chicken Vegetable Soup Club Sandwich, Carrot Slaw Salad, Fruit Chocolate Eclairs DINNER Chicken Cacciatore, Wild Rice Pilaf Sauteed Vegetable Capri Angel Food Cake

DINING HOURS Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Menu subject to change.

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