


CITY VIEW MENU

CITYVIEW PREPARES OUR MENU WITH NO ADDED SALTS OR SUGARS.

March 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>31 <u>BREAKFAST</u> Oatmeal, Bagel Blast, Lettuce, Tomato Cucumber, Capers <u>LUNCH</u> Garbanzo Bean Soup Turkey Club Sandwich, Carrot Slaw Salad Fresh Fruit, Carrot Cake <u>DINNER</u> Lamb Paprika, Side of Cornbread Sauteed Vegetable Capri Boston Cream Pie</p>	<p><u>MENU ALTERNATIVES</u> Hamburger Chicken Salad Plain Omelet Fruit & Cottage Cheese Platter Assorted Sandwiches including Tuna Salad, Turkey, Ham, Peanut Butter & Jelly Grilled Chicken Breast</p>	<p><u>THE MONTH OF MARCH IS...</u> Asset Management Awareness Month Irish American Month March to Health Month Multiple Sclerosis Awareness Month Music in Our Schools Month National Caffeine Awareness National Celery Month National Craft Month National Flour Month National Frozen Food Month</p>	<p>National Kidney Month National Noodle Month National Nutrition Month National Peanut Month National Sauce Month National Social Work Month National Umbrella Month National Women's History Month Red Cross Month Social Workers Month</p>	<p> <u>BEVERAGES</u> <u>Breakfast</u> Raspberry, Apple, Orange Juices Coffee - Hot Tea Hot Chocolate Milk - Water <u>Lunch & Dinner</u> Coffee - Hot Tea Water - Ice Tea Lemonade</p>	<p>1 <u>BREAKFAST</u> Oatmeal, Sausage & Cheese Omelet Hash Browns, Choice of Meat and Fruit <u>LUNCH</u> Matzo Ball Soup, Seafood Cake Mixed Green Salad, Fruit Parfait <u>DINNER</u> Beef Brisket Steamed Red Potatoes Braised Cabbage Tapioca Pudding</p>	<p>2 <u>BREAKFAST</u> Oatmeal, Assorted Danish Choice of Eggs, Meat and Fruit <u>LUNCH</u> Chicken Vegetable Soup Vegetable or Cheese Quesadilla Fresh Guacamole, Pico de Gallo Sour Cream, Chocolate Eclairs <u>DINNER</u> Ranch Baked Chicken, Saffron Rice Steamed Broccoli, Banana Cake</p>
<p>3 <u>BREAKFAST</u> Oatmeal, Bagel Blast, Lettuce, Tomato Cucumber, Capers <u>LUNCH</u> Lentil Soup, Vegetable Quiche Mixed Green Salad Sunday Sundae <u>DINNER</u> Cranberry Pork Loin Steak, Half Baked Potato, Steamed Vegetable Succotash Yellow Cake w/Chocolate Frosting</p>	<p>4 <u>BREAKFAST</u> Oatmeal, Fresh Pancake Choice of Eggs, Meat and Fruit <u>LUNCH</u> Soup of the Day Turkey Melt, Three Bean Salad Side of Watermelon, Carrot Cake <u>DINNER</u> Spaghetti w/Meat Sauce, Garlic Bread Steamed Green Peas and Onions Honey Cake</p>	<p>5 <i>Mardi Gras/Fat Tuesday</i> <u>BREAKFAST</u> Oatmeal, Fresh Baked Muffin Choice of Eggs, Meat, and Fruit <u>LUNCH</u> Beef and Vegetable Soup Chef's Salad, Dinner Roll Cake of the Day <u>DINNER</u> Grilled Tilapia, Rice Pilaf California Blend Vegetables Fruit Cobbler</p>	<p>6 <i>Ash Wednesday</i> <u>BREAKFAST</u> Oatmeal, Fresh Waffles Choice of Eggs, Meat and Fruit <u>LUNCH</u> Chicken Gumbo Soup Crispy Chicken Tenderloin, Potato Salad Watermelon, Sponge Cake <u>DINNER</u> Veal Patty Picatta, Side of Quinoa Salad Steamed Mixed Vegetables Strawberry Short Cake</p>	<p>7 <u>BREAKFAST</u> Oatmeal, French Toast Choice of Eggs, Meat and Fruit <u>LUNCH</u> Italian Wedding Soup, Three Cheese Manicotti, Garlic Bread Steamed Broccoli, Fruit Jell-O <u>DINNER</u> London Broil, Scalloped Potatoes Sauteed Spinach w/Tomatoes Apple Cobbler</p>	<p>8 <u>BREAKFAST</u> Oatmeal, Denver Omelet Choice of Meat and Fruit <u>LUNCH</u> Matzo Ball Soup, Chef's Salad Dinner Roll Orange Cake <u>DINNER</u> Lemon Herb Baked Chicken Baked Butternut Squash, Steamed Carrots and Parsley, Chocolate Cake</p>	<p>9 <u>BREAKFAST</u> Oatmeal, Assorted Puff Pastry Choice of Eggs, Meat and Fruit <u>LUNCH</u> Black Bean Soup, Egg Salad Croissant Sandwich, Cole Slaw Salad, Fruit Banana Cream Cake <u>DINNER</u> Shrimp Stir-Fried, Over Steamed Rice Oriental Vegetable Carrot Cake</p>
<p>10 <i>Daylight Savings Begins</i> <u>BREAKFAST</u> Oatmeal, Bagel Blast, Lettuce, Tomato Cucumber, Capers <u>LUNCH</u> Cream of Butternut Soup Pepperoni or Cheese Pizza Mixed Green Salad, Chocolate Cake <u>DINNER</u> Stuffed Beef Cabbage Roll, Garlic Bread Italian Blend Vegetables Fruit Cobbler</p>	<p>11 <u>BREAKFAST</u> Oatmeal, Buttermilk Pancakes Choice of Eggs, Meat and Fruit <u>LUNCH</u> Split Pea Soup, Southwestern Chicken Salad, Crispy Tortilla Chips Cake of the Day <u>DINNER</u> BBQ Pork Ribs Corn on the Cob, Baked Beans Pie of the Day</p>	<p>12 <u>BREAKFAST</u> Oatmeal, Banana Muffin Choice of Eggs, Meat and Fruit <u>LUNCH</u> Vegetable Noodle Soup Shrimp Lo Mein, Chinese Vegetables Banana Cake <u>DINNER</u> Roasted Boneless Leg of Lamb Roasted Garlic Mashed Potatoes Steamed Blend Vegetables Pie of the Day</p>	<p>13 <u>BREAKFAST</u> Oatmeal, Buttermilk Waffles Choice of Eggs, Meat and Fruit <u>LUNCH</u> Cream of Spinach Soup Sloppy Joes, Steamed Vegetable Capri Pistachio Ice Cream <u>DINNER</u> Rosemary Baked Chicken, Couscous Salad, Steamed Green Beans Tapioca Pudding</p>	<p>14 <u>BREAKFAST</u> Oatmeal, French Toast Choice of Eggs, Meat and Fresh Fruit <u>LUNCH</u> Garbanzo Bean Soup, Three Cheese Ravioli w/Side of Smoked Italian Sausage Steamed Cauliflower and Carrots Ice Cream Sandwich <u>DINNER</u> Catch of the Day, Corn Souffle, Grilled Zucchini, Yellow Squash & Tomatoes Red Velvet Cake</p>	<p>15 <u>BREAKFAST</u> Oatmeal, Poached Eggs Choice of Meat and Fruit <u>LUNCH</u> Matzo Balls Soup, Steak or Cheese Enchiladas, Spanish Rice, Refried Beans Pico de Gallo, Sour Cream Banana Split <u>DINNER</u> Roasted Turkey, Cornbread Stuffing Steamed Green Beans, Fruit Cobbler</p>	<p>16 <u>BREAKFAST</u> Oatmeal, Cinnamon Roll Choice of Eggs, Meat and Fruit <u>LUNCH</u> Vegetable & Rice Soup Grilled Ham & Cheese on Rye French Fries, Fruit, Sponge Cake w/Chocolate Sauce <u>DINNER</u> California Chicken Baked Sweet Yam, Sauteed Lima Beans Orange Cake</p>
<p>17 <i>St. Patrick's Day</i> <u>BREAKFAST</u> Oatmeal, Bagel Blast Lettuce, Tomato, Cucumber, Capers <u>LUNCH</u> Cream of Asparagus Soup Corned Beef Brisket, Braised Cabbage Tiramisu <u>DINNER</u> Turkey Croissant Sandwich, Cucumber Tomato Salad, Watermelon Assorted Cakes of the Day</p>	<p>18 <u>BREAKFAST</u> Oatmeal, Fresh Pancake Choice of Eggs, Meat and Fruit <u>LUNCH</u> French Onion Soup, Sweet & Sour Chicken, Over Steamed Rice Oriental Vegetables, Pie of the Day <u>DINNER</u> Shrimp Pasta Primavera, Garlic Bread Summer Blend Vegetables Blueberry Cobbler</p>	<p>19 <u>BREAKFAST</u> Oatmeal, Fresh Baked Muffin Choice of Eggs, Meat and Fruit <u>LUNCH</u> Lentil Soup, Pepperoni or Cheese Pizza Mixed Green Salad, Banana Split <u>DINNER</u> Lamb Vegetable Stew Mixed Vegetables Bread Pudding</p>	<p>20 <i>Purim (begins at Sundown)</i> <u>BREAKFAST</u> Oatmeal, Fresh Waffles Choice of Eggs, Meat and Fruit <u>LUNCH</u> Mushroom and Barley Soup Taco Salad, Refried Beans, Spanish Rice Fresh Guacamole, Caramel Flan <u>DINNER</u> Baked Ziti w/Smoked Sausage & Chicken Baked Sweet Yam, Sauteed Green Beans Pineapple Cake</p>	<p>21 <i>Purim (ends at Sundown)</i> <u>BREAKFAST</u> Oatmeal, French Toast Choice of Eggs, Meat and Fresh Fruit <u>LUNCH</u> Cream of Butternut Squash Soup Cheese Blintz, Waldorf Salad, Pumpkin Pie <u>DINNER</u> BBQ Pork Ribs Corn on the Cob, Baked Beans Lemon Cake</p>	<p>22 <u>BREAKFAST</u> Oatmeal, Turkey and Cheese Omelet Choice of Meat and Fruit <u>LUNCH</u> Matzo Ball Soup, Chicken Tenderloin French Fries, Fruit, Strawberry Cake <u>DINNER</u> Grilled Salmon, Baked Sweet Yam Steamed Broccoli Banana Cake</p>	<p>23 <u>BREAKFAST</u> Oatmeal, Assorted Donuts Choice of Meat and Fruit <u>LUNCH</u> Chunky Tomato Soup, Club Sandwich Crispy Onion Rings Fresh Fruit, Assorted Cakes <u>DINNER</u> Spaghetti Meatballs, Garlic Bread Mixed Blend Vegetables Cookies ala Mode</p>
<p>24 <u>BREAKFAST</u> Oatmeal, Bagel Blast Lettuce, Tomato, Cucumber, Capers <u>LUNCH</u> Split Pea Soup, Grilled Chicken Caesar Salad, Crispy Croutons German Chocolate Cake <u>DINNER</u> Beef Goulash, Garlic Bread Sauteed Vegetable Ratatouille Boston Cream Pie</p>	<p>25 <u>BREAKFAST</u> Oatmeal, Fresh Pancakes Choice of Eggs, Meat and Fruit <u>LUNCH</u> Mushroom Soup, Seafood Salad Wrap Carrot Slaw Salad, Fruit Cheese Cake <u>DINNER</u> Veal Patty w/Mushroom Sauce Mashed Potatoes, Steamed Broccoli Strawberry Cake</p>	<p>26 <u>BREAKFAST</u> Oatmeal, Fresh Baked Muffin Scrambled Eggs, Sausage <u>LUNCH</u> Italian Wedding Soup, Turkey Melt Crispy Onion Rings, Fruit Banana Split <u>DINNER</u> Three Cheese Ravioli, Pizza Bread Sauteed Brussel Sprouts Rice Pudding</p>	<p>27 <u>BREAKFAST</u> Oatmeal, Fresh Waffles Choice of Eggs, Meat and Fruit <u>LUNCH</u> Cream of Pumpkin Soup Chicken Tenderloin w/Ranch Dressing Potato Salad, Fruit, Pecan Pie <u>DINNER</u> BBQ Pork Ribs, Corn on the Cob Baked Beans Assorted Desserts</p>	<p>28 <u>BREAKFAST</u> Oatmeal, French Toast Choice of Eggs, Meat and Fresh Fruit <u>LUNCH</u> Minestrone Soup, Egg Salad Croissant Sandwich, Three Bean Salad Fruit Jell-O <u>DINNER</u> Baked Catch of the Day, Baked Sweet Yam, Steamed Winter Vegetables Red Velvet Cake</p>	<p>29 <u>BREAKFAST</u> Oatmeal, Turkey and Cheese Omelet Choice of Meat and Fruit <u>LUNCH</u> Matzo Ball Soup, Cobb Salad Dinner Roll, Fruit Parfait <u>DINNER</u> Beef Brisket, Steamed Red Potatoes Braised Cabbage Tapioca Pudding</p>	<p>30 <u>BREAKFAST</u> Oatmeal, Assorted Danish Choice of Meat and Fruit <u>LUNCH</u> Chicken Vegetable Soup Vegetable Lasagna, Steamed Peas & Carrots, Chocolate Eclairs <u>DINNER</u> Ranch Baked Chicken Saffron Rice, Steamed Broccoli Banana Cake</p>

DINING HOURS Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Menu subject to change.

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