

CITY VIEW MENU

CITYVIEW PREPARES OUR MENU WITH NO ADDED SALTS OR SUGARS.

May 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MENU ALTERNATIVES Hamburger Chicken Salad Plain Omelet Fruit & Cottage Cheese Platter Assorted Sandwiches including Tuna Salad, Turkey, Ham, Peanut Butter & Jelly Grilled Chicken Breast	THE MONTH OF MAY IS... Correct Your Posture Month Date Your Mate Month Get Caught Reading Month International Drum Month Mediterranean Diet Month National Asparagus Month National Military Appreciation Month National Barbecue Month National Bike Month National Blood Pressure Education Month	National Chamber Music Month National Egg Month National Hamburger Month National Inventor's Month National Photography Month National Salad Month National Salsa Month National Strawberry Month National Water Safety Month Older Americans Month	1 BREAKFAST Oatmeal, Fresh Waffles Choice of Eggs, Meat and Fruit LUNCH Cream of Pumpkin Soup, Chicken Tenderloin w/Ranch Dressing Broccoli Cole Slaw Salad, Lemon Cake DINNER BBQ Pork Ribs, Corn on the Cob Baked Beans, Assorted Desserts	2 BREAKFAST Oatmeal, French Toast Choice of Eggs, Meat and Fruit LUNCH Minestrone Soup, Stuffed Cheese Pasta Shell, Garlic Bread and Vegetables Banana Split DINNER Baked Catch of the Day Baked Sweet Yam, Sauteed Red, Green Sweet Chard, and Tomatoes Vanilla Pudding	3 BREAKFAST Oatmeal, Sausage & Cheese Omelet Hash Browns, Choice of Meat and Fruit LUNCH Matzo Ball Soup, Chef's Salad Pesto Flatbread, Fruit Parfait DINNER Beef Medallions, Mashed Potatoes California Blend Vegetables Chocolate Cake	4 BREAKFAST Oatmeal, Assorted Danish Choice of Eggs, Meat and Fruit LUNCH Chicken Vegetable Soup Club Sandwich Carrot Slaw Salad, Fruit Chocolate Eclairs DINNER Lemon Mustard Chicken, Wild Rice Pilaf Sauteed Vegetable Capri Angel Food Cake
5 <i>Cinco de Mayo</i> BREAKFAST Oatmeal, Bagel Blast, Lettuce, Tomato Cucumber, Capers CINCO DE MAYO FIESTA Chicken Tortilla Soup Chicken or Beef Tamales, Guacomole Pico de Gallo, Sour Cream, Mexican Flan DINNER Cranberry Pork Steak, Baked Sweet Yam Steamed Vegetable Succotash Yellow Cake w/Chocolate Frosting	6 BREAKFAST Oatmeal, Fresh Pancake Choice of Eggs, Meat and Fruit LUNCH Soup of the Day Turkey Melt, Three Bean Salad Crispy Onion Rings, Fruit, Carrot Cake DINNER Spaghetti w/Meat Sauce, Garlic Bread Steamed Broccoli & Cauliflower Assorted Cakes	7 BREAKFAST Oatmeal, Fresh Baked Muffin Choice of Eggs, Meat, and Fruit LUNCH Beef and Vegetable Soup Chef's Salad, Dinner Roll Fruit Jell-O DINNER Grilled Tilapia, Corn on the Cob California Blend Vegetables Honey Cake	8 BREAKFAST Oatmeal, Fresh Waffles Choice of Eggs, Meat and Fruit LUNCH Chicken Gumbo Soup, Chicken Fajitas Spanish Rice, Corn Tortillas, Guacamole Pico de Gallo, Sour Cream Sponge Cake DINNER Rosemary Lamb, Eggplant Parmesan Grilled Zucchini, Yellow Squash, Tomatoes Strawberry Short Cake	9 BREAKFAST Oatmeal, French Toast Choice of Eggs, Meat and Fruit LUNCH Italian Wedding Soup, Three Cheese Manicotti, Garlic Bread, Broccoli Fruit Jell-O DINNER Pot Roast Au Jus, Mashed Potatoes Steamed Mixed Vegetables Apple Cobbler	10 BREAKFAST Oatmeal, Denver Omelet Choice of Meat and Fruit LUNCH Matzo Ball Soup, Seafood Cake Caesar Salad, Orange Cake DINNER Lemon Herb Baked Chicken Saffron Rice, Steamed Cauliflower Chocolate Cake	11 BREAKFAST Oatmeal, Assorted Puff Pastry Choice of Eggs, Meat and Fruit LUNCH Garbanzo Bean Soup, Egg Salad Croissant Sandwich Cucumber, Tomato Salad, Fruit Banana Cream Cake DINNER Roasted Turkey, Cornbread Stuffing Steamed Green Beans, Carrot Cake
12 <i>Mother's Day</i> BREAKFAST Oatmeal, Bagel Blast, Lettuce, Tomato Cucumber, Capers MOTHER'S DAY LUNCH Cream of Butternut Squash Soup Filet Mignon Medallions, Baked Potato and Steamed Broccoli, Cheese Cake DINNER Vegetable Lasagna, Garlic Bread Italian Blend Vegetables Fruit Cobbler	13 BREAKFAST Oatmeal, Buttermilk Pancakes Choice of Eggs, Meat and Fruit LUNCH Split Pea Soup, Chinese Chicken Salad, Crispy Noodles, Cake of the Day DINNER BBQ Pork Ribs Corn on the Cob, Baked Beans Assorted Dessert	14 BREAKFAST Oatmeal, Banana Muffin Choice of Eggs, Meat and Fruit LUNCH Vegetable Noodle Soup Turkey Melt, French Fries, Fruit Fruit Jello-O DINNER Catch of the Day, Barley Pilaf Steamed Blend Vegetables Strawberry Cream Cake	15 BREAKFAST Oatmeal, Buttermilk Waffles Choice of Eggs, Meat and Fruit LUNCH Cream of Spinach Soup Three Cheese Ravioli, Sauteed Green Beans, Carrot Cake DINNER Rosemary Leg of Lamb, Barley Chicken Barley Pilaf, Grilled Zucchini, Yellow Squash and Tomatoes, Chocolate Eclair	16 BREAKFAST Oatmeal, French Toast Choice of Eggs, Meat and Fresh Fruit LUNCH Garbanzo Bean Soup, Chef's Salad Dinner Roll, Pie of the Day DINNER Crispy Shrimp, Wild Garden Rice Sauteed Spinach, Pepper & Onions Cookies ala Mode	17 BREAKFAST Oatmeal, Poached Eggs Choice of Meat and Fruit LUNCH Matzo Ball Soup, Vegetables Quesadilla Fresh Guacamole, Pico de Gallo Sour Cream, Banana Split DINNER Prime Rib Steak O'Brien Potatoes, Steamed California Vegetables, Fruit Cobbler	18 <i>Armed Forces Day</i> BREAKFAST Oatmeal, Cinnamon Roll Choice of Eggs, Meat and Fruit LUNCH Vegetable & Rice Soup Egg Salad Croissant, Carrot Slaw, Fruit Sponge Cake w/Chocolate Sauce DINNER Chicken Dijon, Baked Sweet Yam Steamed Green Beans Sponge Cake
19 BREAKFAST Oatmeal, Bagel Blast Lettuce, Tomato, Cucumber, Capers LUNCH Cream of Asparagus Soup Pepperoni or Cheese Pizza, Caesar Salad, Tiramisu DINNER Catch of the Day, Eggplant Parmesan Sauteed Spinach, Tomato, Onions Assorted Cake of the Day	20 BREAKFAST Oatmeal, Fresh Pancake Choice of Eggs, Meat and Fruit LUNCH French Onion Soup, Sweet & Sour Chicken, Over Steamed Rice Oriental Vegetables, Pie of the Day DINNER Spaghetti Meatballs, Garlic Bread Summer Blend Vegetables Blueberry Cobbler	21 BREAKFAST Oatmeal, Fresh Baked Muffin Choice of Eggs, Meat and Fruit LUNCH Lentil Soup, Club Sandwich Potato Salad, Fruit, Fruit Jell-O DINNER Lamb Paprika, Almond Apple Dressing Steamed Broccoli Apple Turnover	22 BREAKFAST Oatmeal, Fresh Waffles Choice of Eggs, Meat and Fruit LUNCH Mushroom & Barley Soup, Cheese Blintz Waldorf Salad, Egg Custard DINNER Baked Ziti w/Smoked Sausage & Chicken Garlic Bread, Steamed Cauliflower & Parsley, Pineapple Cake	23 BREAKFAST Oatmeal, French Toast Choice of Eggs, Meat and Fresh Fruit LUNCH Cream of Butternut Squash Soup Asada Fries, Vegetable Ratatouille Cheese Cake DINNER BBQ Pork Ribs Corn on the Cob, Baked Beans Lemon Cake	24 BREAKFAST Oatmeal, Turkey and Cheese Omelet Choice of Meat and Fruit LUNCH Matzo Ball Soup, Cobb Salad, Roll Sponge Cream Cake DINNER Baked White Fish, Scalloped Sweet Potato and Apple, Steamed Broccoli Pie of the Day	25 BREAKFAST Oatmeal, Assorted Donuts Choice of Meat and Fruit LUNCH Chunky Tomato Soup Chicken Salad Sandwich Vegetable Cole Slaw Salad, Fresh Fruit Banana Split DINNER Beef Brisket, Steamed Red Potatoes Braised Cabbage, Chocolate Cake
26 BREAKFAST Oatmeal, Bagel Blast Lettuce, Tomato, Cucumber, Capers LUNCH Split Pea Soup, Fish and Chips Fruit Salad Pound Cake w/Strawberry Topping DINNER Roasted Lamb Rosemary, Sage Dressing Sauteed Vegetable Ratatouille Boston Cream Pie	27 <i>Memorial Day</i> BREAKFAST Oatmeal, Fresh Pancakes Choice of Eggs, Meat and Fruit MEMORIAL DAY BBQ Kosher Hot Dogs, Hamburgers Macaroni & Cheese, Cole Slaw Apple Pie a la Mode DINNER Baked Ranch Chicken Baked Sweet Yam, Grilled Zucchini, Yellow Squash and Tomatoes Assorted Cakes	28 BREAKFAST Oatmeal, Fresh Baked Muffin Scrambled Eggs, Sausage LUNCH Italian Wedding Soup, Turkey Burger Crispy Onion Rings, Fruit Fruit Jell-O DINNER Beef Pot Pie, Couscous Salad Steamed Broccoli Pie of the Day	29 BREAKFAST Oatmeal, Fresh Waffles Choice of Eggs, Meat and Fruit LUNCH Cream of Pumpkin Soup Cheese Blintz, Waldorf Salad Lemon Cake DINNER BBQ Pork Ribs, Corn on the Cob Baked Beans Assorted Desserts	30 BREAKFAST Oatmeal, French Toast Choice of Eggs, Meat and Fresh Fruit LUNCH Minestrone Soup, Crispy Chicken Tenderloin, Vegetable Cole Slaw Salad Fruit, Banana Split DINNER Baked Catch of the Day, Baked Sweet Yam, Sauteed Red, Green, Sweet Chart, and Tomatoes, Vanilla Pudding	31 BREAKFAST Oatmeal, Cheese Omelet Hash Browns, Choice of Meat and Fruit LUNCH Matzo Ball Soup, Chef's Salad Pesto Flatbread, Fruit Parfait DINNER Beef Medallions, Mashed Potatoes California Blend Vegetables Chocolate Cake	BEVERAGES Breakfast Cranberry, Apple, Orange Juices Coffee - Hot Tea Hot Chocolate Milk - Water Lunch & Dinner Coffee - Hot Tea Water - Ice Tea Lemonade

DINING HOURS Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Menu subject to change.

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