

January 2019

The Court Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January Days to Note...		<i>New Year's Day</i>				
03 Festival of Sleep Day 03 Fruitcake Toss Day 03 National Spaghetti Day 04 Trivia Day 05 National Bird Day 06 Cuddle Up Day 07 Old Rock Day 08 Bubble Bath Day 09 Play God Day 10 Bittersweet Chocolate Day 10 Peculiar People Day	12 National Pharmacist Day 13 Make Your Dream Come True Day 16 Appreciate a Dragon Day 17 Ditch New Years Resolutions Day 19 National Popcorn Day 24 Compliment Day 25 Opposite Day 28 Fun at Work Day 31 Backward Day	1 9:00 Freshen Up 9:30 Patio Workout 10:30 Snack 10:30 Happy Feet Walking Club 11:30 Lunch 1:30 Bingo 2:30 Snack (Fruit & Vegetable) 2:30 Painting (Arts & Crafts) 3:30 Memory Scent 4:30 Dinner 5:30 Romance Movie 6:30 One on One	2 9:00 Freshen Up 9:30 Sit & Be Fit 10:30 Snack 10:30 Ring Toss 11:30 Lunch 1:30 Aroma Therapy 2:30 Culinary Creations w/Chef Baked Pear and Whipping Cream 3:30 Aromatherapy 4:30 Dinner 5:30 Musical Movie 6:30 One on One	3 9:00 Freshen Up 9:30 Rooftop Walk 10:30 Snack 10:30 Outing: Picnic in the Park 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Snack 2:30 Sing Along 3:30 Hangman 4:30 Dinner 5:30 Classic Movie 6:30 One on One	4 9:00 Freshen Up 9:30 Workout with Laurel 9:30 Education Documentary 10:30 Snack 10:30 Happy Feet Walking Club 11:30 Lunch 1:30 Puzzle Mania 2:30 Snack 2:30 Pencil Coloring 3:30 Fun Facts 4:30 Dinner 5:30 Travel Movie 6:30 Shabbat Service	5 9:00 Freshen Up 9:30 Morning Stretch 10:30 Snack 10:30 Happy Feet Walking Club 11:30 Lunch 1:30 Prayer Group 2:30 Snack 2:30 Water Coloring 3:30 Trivia Time 4:30 Dinner 5:30 Golden Oldies 6:30 One on One
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13 9:00 Freshen Up 9:30 Morning Stretch 10:30 Snack 10:30 Happy Feet 11:30 Lunch 1:30 Bingo 1:30 Snack Time 2:30 Social Time 3:30 Fun Facts 4:30 Dinner 5:30 Action Movie (Adventure) 6:30 One on One	14 9:00 Freshen Up 9:30 Educational Documentary 10:30 Muscle Fitness 10:30 Snack 11:30 Lunch 1:30 Spa (manicures) 2:30 Snack 2:30 Trivia Time 3:30 Happy Feet Walking Club 4:30 Dinner 5:30 Comedy Movie 6:30 One on One	15 9:00 Freshen Up 9:30 Rooftop Walk 10:30 Snack 10:30 Memory Scent 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Snack 2:30 Tea Party 3:30 Cranium Crunches 4:30 Dinner 5:30 Romance Movie 6:30 One on One	16 9:00 Freshen Up 9:30 Sit & Be Fit 10:30 Snack 10:30 Ring Toss 11:30 Lunch 1:30 Aroma Therapy 2:30 Culinary Creations w/Chef Peach Cheese Cake 3:30 Aromatherapy 4:30 Dinner 5:30 Musical Movie 6:30 One on One	17 9:00 Freshen Up 9:30 Rooftop Walk 10:30 Snack 10:30 Outing: Pet Park 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Snack 2:30 Sing Along 3:30 Hangman 4:30 Dinner 5:30 Classic Movie 6:30 One on One	18 9:00 Freshen Up 9:30 Workout with Laurel 9:30 Education Documentary 10:30 Snack 10:30 Happy Feet Walking Club 11:30 Lunch 1:30 Puzzle Mania 2:30 Snack 2:30 Pencil Coloring 3:30 Fun Facts 4:30 Dinner 5:30 Travel Movie 6:30 Shabbat Service	19 9:00 Freshen Up 9:30 Morning Stretch 10:30 Snack 10:30 Happy Feet Walking Club 11:30 Lunch 1:30 Prayer Group 2:30 Snack 2:30 Water Coloring 3:30 Trivia Time 4:30 Dinner 5:30 Golden Oldies 6:30 One on One
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27 9:00 Freshen Up 9:30 Morning Stretch 10:30 Snack 10:30 Happy Feet 11:30 Lunch 1:30 Bingo 1:30 Snack Time 2:30 Social Time 3:30 Fun Facts 4:30 Dinner 5:30 Action Movie (Adventure) 6:30 One on One	28 9:00 Freshen Up 9:30 Educational Documentary 10:30 Muscle Fitness 10:30 Snack 11:30 Lunch 1:30 Spa (manicures) 2:30 Snack 2:30 Trivia Time 3:30 Happy Feet Walking Club 4:30 Dinner 5:30 Comedy Movie 6:30 One on One	29 9:00 Freshen Up 9:30 Rooftop Walk 10:30 Snack 10:30 Memory Scent 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Snack 2:30 Tea Party 3:30 Cranium Crunches 4:30 Dinner 5:30 Romance Movie 6:30 One on One	30 9:00 Freshen Up 9:30 Sit & Be Fit 10:30 Snack 10:30 Ring Toss 11:30 Lunch 1:30 Aroma Therapy 2:30 Culinary Creations w/Chef Pineapple Upside Down Cake 3:30 Aromatherapy 4:30 Dinner 5:30 Musical Movie 6:30 One on One	31 9:00 Freshen Up 9:30 Rooftop Walk 10:30 Snack 10:30 Outing: Hello Hollywood Scenic Drive 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Snack 2:30 Sing Along 3:30 Hangman 4:30 Dinner 5:30 Classic Movie 6:30 One on One	Month of January Birthstone: Garnet (Constasy) Flowers: Carnation (Alt. Snowdrop) Colors: Black and Dark Blue	
						SNACKS After every scheduled activity and at 8:00 p.m. for those who wish it This calendar is subject to change. lic: 19708030