



January 2020

The Court Activities Calendar

This calendar is subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																			
<p><i>Month of January</i></p> <p><i>Birthstone:</i> Garnet and Emerald</p> <p><i>Flowers:</i> Carnations, Snowdrop</p> <p><i>Colors:</i> Dark Blue, Black, Dark Red</p>	<p>January Days to Note...</p> <table border="0"> <tr> <td>01 Bloody Mary Day</td> <td>15 National Bagel Day</td> </tr> <tr> <td>02 Science Fiction Day</td> <td>17 National Bootlegger's Day</td> </tr> <tr> <td>03 Fruitcake Toss Day</td> <td>18 Winnie the Pooh Day</td> </tr> <tr> <td>04 National Spaghetti Day</td> <td>19 World Quark Day</td> </tr> <tr> <td>05 Screenwriters Day</td> <td>20 National Cheese Lover's Day</td> </tr> <tr> <td>06 National Technology Day</td> <td>21 National Hugging Day</td> </tr> <tr> <td>10 Save the Eagles Day</td> <td>24 National Compliment Day</td> </tr> <tr> <td>12 Kiss a Ginger Day</td> <td>25 Opposite Day</td> </tr> <tr> <td>13 Korean American Day</td> <td>26 Spouses Day</td> </tr> <tr> <td>14 Hot Pastrami Sandwich Day</td> <td>27 Chocolate Cake Day</td> </tr> </table>	01 Bloody Mary Day	15 National Bagel Day	02 Science Fiction Day	17 National Bootlegger's Day	03 Fruitcake Toss Day	18 Winnie the Pooh Day	04 National Spaghetti Day	19 World Quark Day	05 Screenwriters Day	20 National Cheese Lover's Day	06 National Technology Day	21 National Hugging Day	10 Save the Eagles Day	24 National Compliment Day	12 Kiss a Ginger Day	25 Opposite Day	13 Korean American Day	26 Spouses Day	14 Hot Pastrami Sandwich Day	27 Chocolate Cake Day	<p><i>New Year's Day</i> 1</p> <p>9:00 Freshen Up 9:30 Coffee Social Time 10:00 Boot Camp w/Natalie 11:00 Trivia Mania 1:30 Montessori Method Re-engagement Program 2:30 Karaoke Buddy System 3:00 Art & Music w/Jane 4:00 Happy Feet Walking Club 5:30 Musical Movie 7:00 One on One</p>	<p>2</p> <p>9:00 Freshen Up 9:30 Coffee Social Time 10:00 Disco Dance w/Natalie 11:00 Family Feud 1:30 Bingo Blast 2:30 Montessori Method Re-engagement Program 4:00 Happy Feet Walking Club 5:30 Classic Movie 7:00 One on One</p>	<p>3</p> <p>9:00 Freshen Up 10:00 Healthy Joints w/Cesar 11:00 Price is Right Show 1:30 Montessori Method Re-engagement Program 2:30 Puzzle Mania 3:30 Educational Documentary 4:00 Happy Feet Walking Club 5:30 Travel Movie 6:30 Shabbat Service 7:00 One on One</p>	<p>4</p> <p>9:00 Freshen Up 9:30 Coffee Social Time 10:00 Morning Stretch 11:00 Trivia Mania 1:30 Individual Activities 2:20 Sing Along 3:00 Guitar Concert w/Brian 3:30 Andy Griffith Show 4:00 Oldies Dance 5:30 Golden Cinema 7:00 One on One</p>
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<p>9:00 Freshen Up 5 9:30 Coffee Social Time 10:00 Weight Lifting w/Natalie 11:00 Happy Feet Walking Club 1:00 Memory Care Family & Friends Support Group 2:30 Montessori Method Re-engagement Program 3:00 Concert w/Thea 5:30 Action Movie (Adventure) 7:00 One on One</p>	<p>9:00 Freshen Up 6 9:30 Coffee Social Time 10:00 Muscle Fitness w/Natalie 10:30 Word Games 1:30 Montessori Method Re-engagement Program 2:30 Spa Manicures 3:00 Colorful Creation w/Natalie 3:30 Art & Music w/Jane 4:00 Happy Feet Walking Club 5:30 Comedy Movie 7:00 One on One</p>	<p>9:00 Freshen Up 7 9:30 Coffee Social Time 10:00 Healthy Joints w/Cesar 10:30 Resident Outing w/Natalie 1:30 Bingo 2:00 Floral Arrangements 3:00 Sing Along 4:00 Happy Feet Walking Club 5:30 Romance Movie 7:00 One on One</p>	<p>9:00 Freshen Up 8 9:30 Coffee Social Time 10:00 Boot Camp w/Natalie 11:00 Trivia Mania 1:30 Montessori Method Re-engagement Program 2:30 Karaoke Buddy System 3:00 Art & Music w/Jane 4:00 Happy Feet Walking Club 5:30 Musical Movie 7:00 One on One</p>	<p>9:00 Freshen Up 9 9:30 Coffee Social Time 10:00 Disco Dance w/Natalie 11:00 Family Feud 1:30 Bingo Blast 2:30 Montessori Method Re-engagement Program 3:00 Memories in the Making 4:00 Happy Feet Walking Club 5:30 Classic Movie 7:00 One on One</p>	<p>9:00 Freshen Up 10 10:00 Healthy Joints w/Cesar 11:00 Price is Right Show 1:30 Montessori Method Re-engagement Program 2:30 Puzzle Mania 3:30 Educational Documentary 4:00 Happy Feet Walking Club 5:30 Travel Movie 6:30 Shabbat Service 7:00 One on One</p>	<p>9:00 Freshen Up 11 9:30 Coffee Social Time 10:00 Morning Stretch 11:00 Trivia Mania 1:30 Individual Activities 2:20 Sing Along 3:30 Andy Griffith Show 4:00 Oldies Dance 5:30 Golden Cinema 7:00 One on One</p>																			
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<p>9:00 Freshen Up 26 9:30 Coffee Social Time 10:00 Weight Lifting w/Natalie 11:00 Happy Feet Walking Club 3:30 Montessori Method Re-engagement Program 4:00 Concert 5:30 Action Movie (Adventure) 7:00 One on One</p>	<p>9:00 Freshen Up 27 9:30 Coffee Social Time 10:00 Muscle Fitness w/Natalie 10:30 Word Games 1:30 Montessori Method Re-engagement Program 2:30 Spa Manicures 3:00 Art & Music w/Jane 4:00 Happy Feet Walking Club 5:30 Comedy Movie 7:00 One on One</p>	<p>9:00 Freshen Up 28 9:30 Coffee Social Time 10:30 Resident Outing w/Natalie 1:30 Bingo 2:00 Floral Arrangements 3:00 Sing Along 4:00 Happy Feet Walking Club 5:30 Romance Movie 7:00 One on One</p>	<p>9:00 Freshen Up 29 9:30 Coffee Social Time 10:00 Boot Camp w/Natalie 11:00 Trivia Mania 1:30 Montessori Method Re-engagement Program 2:30 Karaoke Buddy System 3:00 Art & Music w/Jane 4:00 Happy Feet Walking Club 5:30 Musical Movie 7:00 One on One</p>	<p>9:00 Freshen Up 30 9:30 Coffee Social Time 10:00 Disco Dance w/Natalie 11:00 Family Feud 1:30 Bingo Blast 2:30 Montessori Method Re-engagement Program 4:00 Happy Feet Walking Club 5:30 Classic Movie 7:00 One on One</p>	<p>9:00 Freshen Up 31 10:00 Healthy Joints w/Cesar 11:00 The Price is Right 1:30 Montessori Method Re-engagement Program 2:30 Puzzle Mania 3:30 Educational Documentary 4:00 Happy Feet Walking Club 5:30 Travel Movie 6:30 Shabbat Service 7:00 One on One</p>	<p>BREAKFAST - 8:00 a.m. LUNCH - 11:30 a.m. DINNER - 4:30 p.m.</p> <p>SNACKS Snacks are after every scheduled activity and at 8:00 p.m. for those who wish it</p> <p>lic: 198603220</p>																			