



October 2018

# The Court Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																				
<p><i>Month of October</i></p> <p><i>Birthstone: Opal</i> <i>Alternate: Tourmaline</i> <i>(Faithfulness and Confidence)</i> <i>Flowers: Marigold</i> <i>(Alternate: Cosmos)</i> <i>Colors:</i> <i>White and Yellow</i></p>	<p>9:00 Freshen Up 9:30 Educational Documentary 10:30 Muscle Fitness 10:30 Snack 11:30 Lunch 1:30 Spa (manicures) 2:30 Snack 2:30 Trivia Time 3:30 Happy Feet Walking Club 4:30 Dinner 5:30 Comedy Movie 6:30 One on One</p>	<p>9:00 Freshen Up 9:30 Patio Workout 10:30 Snack 10:30 Happy Feet Walking Club 11:30 Lunch 1:30 Bingo 2:30 Snack (Fruit &amp; Vegetable) 2:30 Painting (Arts &amp; Crafts) 3:30 Memory Scent 4:30 Dinner 5:30 Romance Movie 6:30 One on One</p>	<p>9:00 Freshen Up 9:30 Sit &amp; Be Fit 10:30 Snack 10:30 Ring Toss 11:30 Lunch 1:30 Aroma Therapy 2:30 <b>Culinary Creations w/Chef</b> <i>Mini Cheesecakes</i> 3:30 Aromatherapy 4:30 Dinner 5:30 Musical Movie 6:30 One on One</p>	<p>9:00 Freshen Up 9:30 Rooftop Walk 10:30 Snack 10:30 <b>Outing: Pet Park</b> 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Snack 2:30 Sing Along 3:30 Hangman 4:30 Dinner 5:30 Classic Movie 6:30 One on One</p>	<p>9:00 Freshen Up 9:30 Workout with Laurel 9:30 Education Documentary 10:30 Snack 10:30 Happy Feet Walking Club 11:30 Lunch 1:30 Puzzle Mania 2:30 Snack 2:30 Pencil Coloring 3:30 Fun Facts 4:30 Dinner 5:30 Travel Movie 6:30 <b>Shabbat Service</b></p>	<p>9:00 Freshen Up 9:30 Morning Stretch 10:30 Snack 10:30 Happy Feet Walking Club 11:30 Lunch 1:30 Bingo 1:30 Snack Time 2:30 Social Time 3:30 Fun Facts 4:30 Dinner 5:30 Action Movie (Adventure) 6:30 One on One</p>																				
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