



## A Message from Rosie Julinek

I am so gratified to have been promoted to the position of Executive Director here at CityView, and look forward to continuing to deliver the high quality service you've come to expect here.

I began my career in senior living as a caregiver, and then worked my way up to various Director roles in the Assisted Living field. I've worked at CityView for close to three years as Executive Assistant, and I have already come to know most of you and your families. In

my new role, I will be responsible for organizing, developing, and coordinating overall CityView operations. Of course, I will also be responsible for continuing to provide a safe and family-focused environment for you and your loved ones.

On another note, my personal life is as satisfying as my professional life here at CityView. I have three wonderful children, Melody, Abel, and Emilio, and when I am not here caring for my CityView family, I am with my own incredible family, caring for them.

I am also pleased to welcome our new Chef, Ari. He has an extensive culinary background working with several major hotels and local Beverly Hills restaurants. Chef Ari has gone a new direction and recently focused his work on providing quality meals for seniors that are both delicious and nutritious. By the way, Chef Agabid is still with our company, he's simply been transferred to one of our sister communities.

Finally, I'd like to thank all those families that have contributed so generously to our employee holiday bonus fund. Your donations are very much appreciated, and they represent a wonderful opportunity to recognize the incredible dedication of our employees in the performance of their daily duties. Our employees so often go above and beyond what is expected of them, and so your help and recognition is always appreciated.

*May the New Year bring you health and happiness,*

Rosie Julinek

## CityView Snapshots



Eleanor enjoys her birthday cake!



Mae displays her beautiful stocking.



Lida's all ready to hang her stocking!



## Resident of the Month - Jaye Nakamura

CityView residents are a truly unique bunch, and Jaye Nakamura, our January resident of the month, is certainly no exception. This lovely grandmother of James and Pierre, was a graduate of prestigious Mills College in Oakland, California, the first women's college west of the Rockies. Jaye has two children, Lauren and Jeffrey, while also working as an elementary school art teacher for third graders. Jaye fondly remembers her years of teaching basic painting, drawing, and other craft art skills to her young students. During her retirement, Jaye stayed active by raising and rearing sheep (!) after moving to her farm in upstate New York. Shearing, washing, and ultimately, spinning the wool became her new pasttime and hobby. Please say "hello" to Jaye and ask her about her wooly friends!



Please be sure  
to attend our  
Special Music  
Concerts and other  
Live Performances  
in January.

1/05	Afternoon Concert - TBD	3:00 p.m.
1/12	Afternoon Concert - TBD	3:00 p.m.
1/19	Afternoon Concert - TBD	3:00 p.m.
1/26	Afternoon Concert - TBD	3:00 p.m.

## Birthdays this Month

### Resident Birthdays

Kenneth D'angelis	1/02
Sandra Poliskin	1/03
William Pordorzer	1/04
Billie Alexander	1/09
Lida Jazeb	1/15
Harry Basch	1/16
LaRue Brion	1/17



## Religious Services and Study

Shabbat Services - Friday at 6:30 p.m.  
Bible Study - Saturdays at 1:30 p.m.

January 2020



## CityView University

CityView offers many  
interesting and varied  
educational experiences  
for those interested in

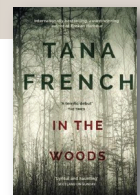
brushing up or learning new things. Want to learn Spanish? Explore poetry and books? Find out more about art? Participate in discussions? Do all this and more every month right here at CityView!

<b>Spanish 101 w/Arnold</b>	1/04, 11, 18, 25	11:00 a.m.
<b>Jewelry w/Juniper</b>	1/12, 26	11:00 a.m.
<b>Creative Zone w/Stephanie</b>	1/13	2:00 p.m.
Handmade Greeting Cards		
<b>Art &amp; Music w/Jane</b>	1/13, 20, 27	3:00 p.m.
<b>Poetry Corner w/Karlyn</b>	1/20	2:00 p.m.
<b>Book Club w/Stephanie</b>	1/27	2:00 p.m.
<i>In The Woods</i> by Tana French		

## Book Club w/Stephanie

*In The Woods*

by Tana French



This riveting novel is set in a small Dublin suburb in the summer of 1984. When three children do not return from the dark and silent woods one evening, the police arrive to find only one of the children remaining, gripping a tree trunk in terror. Twenty years later, the boy is detective with the Dublin Muder Squad. He and his partner face another case chillingly similar to what happened to the young man when he was just a child. Read the book to find out what happens.



## Don't Miss Our January Outings !

Below are the special and exciting outings we have planned for the month of January!



Thursday, January 2

### Lala's Argentine Restaurant Outing

Savor traditional Argentinian favorites in Lala's restaurant. With its unhurried atmosphere, reasonable prices, appealing setting, and excellent selection of high quality meats, you're sure to enjoy a delicious dining experience on this culinary outing.



Thursday, January 9

### Santa Monica Pier Day Trip

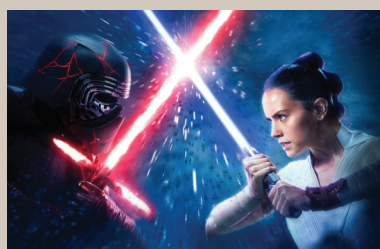
A fun day trip to this bustling wooden warf offers everything one could want from an iconic seaside pier. The Santa Monica pier features an amusement park complete with a Ferris wheel and roller-coaster, along with many shops and restaurants. Don't miss out on this fun adventure!



Thursday, January 16

### San Manuel Casino Visit

Billing itself the "Most Thrilling Casino in California," San Manuel offer over 4700 slot machines! Their Serrano All-You-Can-Eat Buffet offers over 200 dishes from all corners of the globe, so between the slots and the buffet, our slot spinner maven should be in casino heaven for the day.



Thursday, January 23

### See Star Wars The Rise of Skywalker on the Big Screen

Directed by J.J. Abrams, the 40 year Skywalker movie saga concludes with this final exciting chapter. The familiar heroes Rey, Finn and Poe set out to lead the Resistance's final stand against Kylo Ren and the First Order.



Thursday, January 30

### Original Farmers Market Jaunt

A perennial favorite destination since 1934 for locals and tourists alike, Los Angeles' Original Farmers Market offers over 100 shops from all over the world. These shops include bakeries, gourmet groceries, meat, poultry and fish, and produce. Now's your chance to stock up on all your favorite grocery imports!

## CityView Tuesday Shopping Shuttles

We offer a shuttle service every Tuesday in January that will take you to the bank and some of your favorite shops.

1/07	Shuttle Outing to Pampered Nails	10:00 a.m.
1/07	Shuttle Outing to Target	1:00 p.m.
1/14	Shuttle Outing to .99¢ Store	1:00 p.m.
1/21	Shuttle Outing to Ralphs	1:00 p.m.
1/28	Shuttle Outing to Trader Joes	1:00 p.m.

# Resident Door Decorations

During the holiday season, many homes are decked out in the finest of yuletide bling that may include bright, flashing lights, shiny reindeer, and seasonal inflatables. The doors of our memory care residents were no exception to this fun tradition, as they were adorned with some of the most creative seasonal themes we've ever seen. Take a look below at these festive and imaginative creations!



## Our January Staff Spotlight

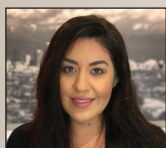
### Flor Rodas Dining Room Supervisor



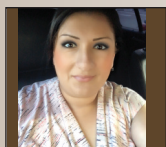
An important member of the CityView family for over six years, Flor Rodas is our January Employee of the Month. Flor oversees the resident culinary experience as our Dining Room Supervisor. Originally from Los Angeles, she is married and is the proud mother of her son, Alexander.

Flor attended Los Angeles City College where she plans to eventually return and acquire further nursing education. This busy lady also enjoys watching and playing soccer during her rare moments when she's not working here or taking care of her family. Flor truly enjoys the CityView residents and her "great" co-workers, too! Living by the motto to "treat others the way you would like to be treated yourself" is reflected in her professionalism and her regard for others. Say "hello" the next time you see Flor!

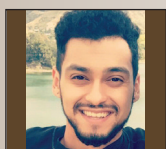
## Our Staff



**Rosie Julinek**  
Executive Director  
Director@CityView.Care



**Yasmeen Younan**  
Wellness Director  
Wellness@CityView.Care



**Arnold Palencia**  
Activity Director  
Activities@CityView.Care



**Arcadio Quijada**  
Maintenance Director  
Maintenance@CityView.Care



**Steven Aron**  
Sales Director  
Sales@CityView.Care



**Chef Ari Yosef**  
Food Service Director  
ChefAgabid@cityview.care



**Natalie Janbakhsh**  
Memory Care Director  
ActivitiesAsst@CityView.Care