





A Message from Murielle, Executive Director

Why do we call this month March? The name comes from *Martium*, who was the Roman god



of war, and it literally translates to "month of Mars." So if you're feeling particularly feisty this month, blame it on the Romans!

To smooth the rough edges we'll be painting vibrant silk scarves with artist Rhea Jefferies Vittal, who has had exhibitions in New York and London. No experience is required and it's fun and easy to learn. Join us Sunday, March 18.

For another kind of fun and an illuminating afternoon, join us for Sages & Seekers every Thursday at 3:30pm. Just as we may not fully understand what it's like to be young today, kids don't

fully understand what their elders lives have been like, or lessons they have learned. Come and share your wisdom with your grandkids, cause even if they're not ready to hear it now, they will be someday. We're never too old or too young to learn from each other! If you'd like to get a sense of the program, please click **here**.

Passover is celebrated in every city, and its one of the most exuberant holidays in the Jewish tradition. It starts March 30 and continues through April 7, with Seder meals featuring many favorites for people of all faiths: matzoh ball soup, herbed chicken, gefilte fish, beef brisket and honey cake.

Here's a movie you won't want to miss: *The Shape of Water* has been nominated for 12 Academy Awards. This is a first-run screening of a major motion picture, Sunday morning March 4. It may not win all its nominations, but it's one of the most buzzed-about films of the year.

Let's get together and buzz!

Warmly,

Murielle Chocron

Featured this month... Serti Silk Painting



Urban Adventures



On the Big Screen



Culinary Creations



Introducing Resident **Barry Malin**

Barry Malin was born and raised in Chicago, and joined the Marine Corps in 1958. He went on to be an intelligence officer for major commands worldwide, then retired and went into consulting for various defense contractors

and select government agencies. Barry's

home base was long among the swaying palms in Hawaii, but he relocated to Los Angeles when his youngest daughter and grandchildren (he has three kids and six grandsons) moved here. It's a big change and Barry's enjoying L.A.'s many attractions, restaurants, clubs and theatres. That's no surprise since he loves dancing, movies and music, and played drums with various groups in nightclubs over the years. An active guy, Barry exercises daily, reads books of every genre, and particularly enjoys conversations with friends, so he's got something in common with almost everybody. Find a chance to chat!



Please be sure to attend our Special Music Concerts and other Live Performances in March.

3/04	Winfield Plays Guitar	3:00 p.m.
3/11	Michael Quest Plays Piano	3:00 p.m.
3/14	Brian Plays Guitar	3:00 p.m.
3/18	Sharyn Sings the Hits	3:00 p.m.
3/25	Art & Music w/Jane	3:00 p.m.
3/28	Jimmy the LV Singer	3:00 p.m.



CityView **University**

CityView offers many interesting and varied educational experiences for those interested in brushing up or learning

new things. Want to learn Spanish? Explore contemporary poetry? Find out more about former presidents? These and other classes are offered every month right here at CityView.

Group Discussions			
St. Patrick's Day	3/07	11:00 a.m.	
Alex Graham Bell	3/11	10:30 a.m.	
April Fool's Day	3/26	10:30 a.m.	
Spanish 101 w/Stephanie	3/02	3:00 p.m.	
French 101 w/Yohan	3/07	3:30 p.m.	
TED Talks w/Stephanie			
"3D Printing a Human Kidney"	3/16	3:00 p.m.	
Adventures with Stephanie & Mary			
Creative Zone w/Stephanie	3/09	3:00 p.m.	
Poetry: Robert Browning	3/23	3:00 p.m.	
Book Club: Beautiful Ruins			
by Jess Walter	3/30	3:00 p.m.	



Smooth as **Silk**

In the *serti* (meaning closing, or fence) silk painting technique, designs are outlined with gutta, or water-based resists, which are applied to white silk that has been pre-washed, dried and stretched. Silk artist and teacher Rhea Jefferies Vittal will bring high-quality colorfast acid dyes that won't bleed or fade with washing. The acid involved is white vinegar or citric acid, so completely safe. Please join us and create your own beautiful work of art.

Out on the Town



Tuesday, March 13 Lunch at the Cheesecake Factory at the Grove

Opened in Beverly Hills in 1978, the Cheesecake Factory features more than 250 menu items, and more than 50 signature cheesecakes and desserts. The signature creamy cheesecakes are based on recipes by the mother of founder David M. Overton. Mom really does know best!.



Tuesday, March 6 Watch it on the Big Screen

Black Panther

The opening four-day weekend gross of this blockbuster hit about an American superhero was the second-highest of all time. A Disney film, it has received critical

acclaim for its visuals, screenplay, characters, direction, costume design, action sequences, soundtrack and performances. Directed by Ryan Coogler, the film stars Chadwick Boseman as T'Challa, the Black Panther, who is king of Wakanda but finds his sovereignty challenged in a conflict with global consequences.



Tuesday, March 20 Shop for bargains at Ross!

Known as the biggest off-price chain in the nation, this store offers you the best brands, latest styles, and the best deals! With lots to choose from including clothes and for the home, you're sure to find what you're looking for here.



Tuesday, March 20 LACMA Classic Matinee Film Series

Pride and Prejudice

Based on the novel by Jane Austen, this 1940 comic classic starring Laurence Olivier, Maureen O'Sullivan and Greer Garson as English gentry is about five sisters who must deal with the issues of marriage, morality and misconceptions. *The New York Times* film critic of its day praised the film as "the most deliciously pert comedy of old manners, the most crisp and crackling satire in costume that we in this corner can remember ever having seen on the screen."

Culinary Creations

Standard nutritional wisdom recommends five fruits and vegetables a day, and this month in Culinary Creations we'll take care of at least one of those in a particularly delicious way. Do any of these desserts sound good to you? Apple strudel, vanilla fruit pie, apple pie and apple crumble, blueberry cobbler. Fortunately you won't have to choose among them cause we'll make one each week. If your mouth is watering, please join us Mondays at 10:30 a.m.



Religious Services and Study Shabbat Services - Friday at 6:30 p.m. Bible Study - Saturdays at 1:30 p.m.

Birthday Party Date

Enjoy our Cake Decorating Birthday Party! Wednesday, March 26 at 2:30 p.m.



CityView Photo Memories



Karina Cruz has a birthday this month! She was born in Los Angeles in 1990 and already has two beautiful daughters, Jalene and Hailey, ages 11 and 8, and a wonderful dog named Louise. Karina must be a good mom cause she enjoys helping others so much. Caregiving is her passion, and her dream is to have her own business and travel to exotic destinations like Dubai. In her free time Karina likes to work out at the gym, and also to party. With her wedding coming up very soon, no doubt she'll be doing plenty of that.



Winnie, Marsha, & Shirley enjoy classic films at LACMA.



Valentine's Day at CityView



France, Estelle and Natalie at Griffith's Observatory.

Introducing... Our Staff



Susan Glaser **Regional Director** Susang@CityView.Care



Murielle Chocron Executive Director Director@CityView.Care



John McMahon Wellness Director Wellness@CityView.Care



Rosie Julinek Executive Assistant RosioJ@CityView.Care



Mark Mullen **Chief Engineer** Maintenance@CityView.Care



Arcadio Quijada Maintenance Director Maintenance@CityView.Care



Judah Cohen Activity Director Activities@CityView.Care



Natalie Janbakhsh Assistant Activity Director ActivitiesAsst@CityView.Care

March 2018